



# Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

## Team report for Sedibeng West (D8)



Events marked with \* were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Zandré	Crause	B	17	93 - 10kmW	1:09:10.09	7	719
	Gregan	Du Preez	B	17	118 - 400mH*	1:02.64	6	582
	Tyrone	Evitts	B	17	35 - 1500m*	4:28.63	8	712
	Tyrone	Evitts	B	17	35 - 1500m	4:39.03	14	659
	Divan	Kapp	B	17	27 - JT*	41.19	12	489
	Enoch	Khoza	B	17	102 - 200m*	23.93	5	670
	Enoch	Khoza	B	17	102 - 200m*	24.90	5	613
	Kevin-Lee	Laubscher	B	17	45 - 110mH*	17.02	7	651
	Kevin-Lee	Laubscher	B	17	16 - 100m*	11.95	7	620
	Michael	Mankoe	B	17	21 - LJ	5.79	18	539
	Thabang	Matroos	B	17	45 - 110mH*	15.98	7	720
	Thabang	Matroos	B	17	21 - LJ	6.06	17	621
	Marco	Pretorius	B	17	139 - DT	51.70	3	878
	Kean	Rossouw	B	17	118 - 400mH*	58.68	3	694
	Tumelo	Selebeleng	B	17	102 - 200m*	23.33	6	711
	Tumelo	Selebeleng	B	17	102 - 200m*	23.51	3	697
	Tumelo	Selebeleng	B	17	16 - 100m*	11.54	7	678
	Tumelo	Selebeleng	B	17	16 - 100m*	11.64	4	663
	Edereich (F.J.)	Snyman	B	17	160 - 3000m	9:45.71	13	767
	Edereich (F.J.)	Snyman	B	17	35 - 1500m*	4:28.63	8	712
	Edereich (F.J.)	Snyman	B	17	35 - 1500m	4:34.94	13	679
	Ruald	Stoop	B	17	27 - JT*	43.04	10	523
	Henré	Van Schalkwyk	B	17	28 - 400m	49.80	5	847
	Henré	Van Schalkwyk	B	17	28 - 400m*	50.91	1	808
	Henré	Van Schalkwyk	B	17	130 - 800m	1:56.20	2	775
	Henré	Van Schalkwyk	B	17	130 - 800m*	2:00.65	3	679
	Edric	Wenhold	B	17	70 - HJ	1.98	1	859
	Edric	Wenhold	B	17	70 - HJ*	1.85	4	725
	Dane	Beytell	B	15	42 - 100mH*	14.19	3	793
	Dane	Beytell	B	15	42 - 100mH	14.93	8	731
	Dane	Beytell	B	15	114 - 300mH*	42.87	5	652
	Iwan	Botes	B	15	7 - JT*	40.43	9	465
	Ruan	Gouws	B	15	22 - HJ*	1.70	2	651
	Tshepo	Kele	B	15	14 - 100m*	12.68	6	560
	Eon	Le Grange	B	15	96 - DT	45.93	7	789
	Brandon	Modise	B	15	125 - 800m*	2:28.96	12	313
	Ayanda	Mofokeng	B	15	125 - 800m*	2:19.10	9	430
	Kagiso	Mokhele	B	15	33 - 1500m*	5:04.60	12	573
	Johan	Naude	B	15	7 - JT*	40.93	6	475
	Llewellyn	Pienaar	B	15	22 - HJ	1.84	5	803



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No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Llewellyn	Pienaar	B	15	22 - HJ*	1.70	3	651
	Jp	Roberts	B	15	42 - 100mH*	14.45	4	771
	Jp	Roberts	B	15	106 - LJ	6.02	6	725
	Jp	Roberts	B	15	38 - TJ	12.74	4	692
	Thato	Seloana	B	15	33 - 1500m*	4:56.50	10	607
	Marco	Strydom	B	15	96 - DT	48.49	6	821
	Danillo	Theron	B	15	106 - LJ	5.85	8	671
	Neo	Tsoaela	B	15	24 - 400m*	55.93	5	684
	Neo	Tsoaela	B	15	100 - 200m*	25.02	6	629
	Molelekoa	Tsubella	B	15	24 - 400m*	56.89	4	661
	Molelekoa	Tsubella	B	15	14 - 100m*	12.23	5	611
	Ciara	Blunden	G	17	129 - 800m*	2:29.59	8	743
	Ciara	Blunden	G	17	47 - 2000mSc	8:27.05	5	735
	Ciara	Blunden	G	17	129 - 800m	2:35.49	15	694
	Tanelda	Coetzee	G	17	101 - 200m*	26.46	3	805
	Tanelda	Coetzee	G	17	101 - 200m*	26.80	4	788
	Shané	Dimond	G	17	25 - 400m	59.34	4	849
	Shané	Dimond	G	17	25 - 400m*	1:00.11	3	830
	Shané	Dimond	G	17	15 - 100m	12.65	5	800
	Shané	Dimond	G	17	15 - 100m*	12.76	3	788
	Shané	Dimond	G	17	15 - 100m*	12.87	4	775
	Diandra	Du Plessis	G	17	101 - 200m*	27.18	4	767
	Diandra	Du Plessis	G	17	101 - 200m*	27.69	7	741
	Thulile	Dube	G	17	129 - 800m*	3:30.33	11	390
	Angel	Mabasa	G	17	34 - 1500m*	5:14.15	6	687
	Langelihle	Mlangeni	G	17	15 - 100m*	12.13	2	870
	Langelihle	Mlangeni	G	17	15 - 100m*	12.68	3	800
	Langelihle	Mlangeni	G	17	15 - 100m	12.79	8	788
	Langelihle	Mlangeni	G	17	41 - 100mH*	15.76	5	768
	Mia	Stockhoff	G	17	41 - 100mH*	15.00	2	819
	Mia	Stockhoff	G	17	51 - LJ	5.31	5	682
	Tenike	Blunden	G	15	47 - 1500mSc	5:56.31	6	782
	Benaldi	Coetzee	G	15	113 - 300mH*	47.44	6	832
	Benaldi	Coetzee	G	15	40 - 90mH*	14.39	5	824
	Benaldi	Coetzee	G	15	71 - LJ	5.24	4	752
	Marli	Dimond	G	15	124 - 800m	2:12.97	1	945
	Marli	Dimond	G	15	124 - 800m*	2:24.96	1	807
	Zandré	Du Plessis	G	15	13 - 100m*	11.88	1	948
	Zandré	Du Plessis	G	15	99 - 200m	25.31	3	900
	Zandré	Du Plessis	G	15	99 - 200m*	25.35	1	900



## Team report for Sedibeng West (D8) Page 3

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Zandré	Du Plessis	G	15	99 - 200m*	25.95	2	859
	Zandré	Du Plessis	G	15	13 - 100m	12.58	4	839
	Zandré	Du Plessis	G	15	13 - 100m*	12.66	1	825
	Charlize	Laubscher	G	15	99 - 200m*	26.06	2	853
	Charlize	Laubscher	G	15	99 - 200m	26.14	7	847
	Charlize	Laubscher	G	15	99 - 200m*	26.60	5	823
	Charlize	Laubscher	G	15	13 - 100m*	13.12	5	763
	Jacolien	Louw	G	15	107 - TJ	10.33	7	704
	Jacolien	Louw	G	15	71 - LJ	4.96	7	648
	Chenike	Rossouw	G	15	32 - 1500m*	5:13.00	7	711
	Karabo	Sehloho	G	15	23 - 400m*	1:10.89	6	646
	Nthabiseng	Sehloho	G	15	112 - 3000m	12:23.40	19	746
	Suné	Snyman	G	15	112 - 3000m	10:56.63	7	852
	Sinovuyo	Tshoni	G	15	98 - JT*	21.55	11	471
	Johanné	Valentin	G	15	124 - 800m*	2:26.67	1	791
	Johanné	Valentin	G	15	124 - 800m	2:27.45	10	783
	Shalaine	Van Den Berg	G	15	23 - 400m*	1:01.54	4	818
	Milan	Van Den Heever	G	15	107 - TJ	10.50	6	735
	Megan	Vermeulen	G	15	40 - 90mH*	15.20	6	767
	Anrich	Botes	M	19	104 - DT	39.20	7	695
	Willem	Coertzen	M	19	26 - SP	17.79	2	932
	Willem	Coertzen	M	19	104 - DT	49.80	2	834
	Kamogetswe	Dingalo	M	19	31 - 400m*	54.22	7	680
	Lwando	Kave	M	19	119 - 400mH*	1:06.22	4	514
	Thabang	Ledwaba	M	19	50 - HJ*	1.85	5	660
	Keketso	Mashiloane	M	19	20 - 100m*	11.21	3	698
	Keketso	Mashiloane	M	19	20 - 100m*	11.66	7	637
	Keketso	Mashiloane	M	19	31 - 400m*	57.84	5	591
	Divan	Mienie	M	19	2 - 10kmW	1:03:46.52	5	733
	Toka	Mokhoantle	M	19	111 - 200m*	24.10	4	640
	Teboho	Moloi	M	19	12 - 1500m	4:08.00	10	805
	Teboho	Moloi	M	19	12 - 1500m*	4:25.61	9	698
	Bongani	Nkosi	M	19	111 - 200m*	23.59	2	672
	Themba	Thingane	M	19	168 - 5000m	15:16.74	4	900
	Themba	Thingane	M	19	12 - 1500m	4:00.94	2	855
	Themba	Thingane	M	19	12 - 1500m*	4:14.73	1	761
	Jacob	Thusi	M	19	20 - 100m*	11.13	5	714
	Jacob	Thusi	M	19	20 - 100m*	11.31	6	682
	Ian	Visser	M	19	50 - HJ*	1.85	3	660
	Danaë	Blunden	W	19	30 - 400m*	1:04.47	3	721



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Claudine	Botha	W	19	53 - HT	40.48	3	865
	Ina (F.E.)	Du Plessis	W	19	131 - 800m	2:21.78	5	808
	Ina (F.E.)	Du Plessis	W	19	11 - 1500m	4:51.69	2	774
	Ina (F.E.)	Du Plessis	W	19	131 - 800m*	2:30.73	1	725
	Ina (F.E.)	Du Plessis	W	19	11 - 1500m*	5:17.71	2	666
	Marioné	Fourie	W	19	44 - 100mH	14.90	3	843
	Marioné	Fourie	W	19	44 - 100mH*	15.11	2	827
	Juné	Jonker	W	19	57 - PV	2.90	1	384
	Merlise (M.L.)	Kock	W	19	72 - DT	26.82	6	655
	Nicole	Lindner	W	19	19 - 100m*	13.97	5	638
	Danike	Perelaer	W	19	30 - 400m*	1:02.12	2	767
	Danike	Perelaer	W	19	131 - 800m*	2:35.29	4	689
	Simphiwe	Tshabalala	W	19	103 - 200m*	30.59	4	599
	Simphiwe	Tshabalala	W	19	103 - 200m*	32.15	6	542
	Amoré	Van Der Walt	W	19	72 - DT	29.66	5	706
	Zandrie	Vorster	W	19	103 - 200m*	26.41	3	785
	Zandrie	Vorster	W	19	103 - 200m*	27.35	2	737
	Zandrie	Vorster	W	19	103 - 200m	27.73	6	717
	Zandrie	Vorster	W	19	19 - 100m*	13.22	6	708
	Zandrie	Vorster	W	19	19 - 100m*	13.46	6	687

Medals (excluding relays) - Gold: 3 Silver: 5 Bronze: 4