



Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

Team report for Sedibeng East (D7)



Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Pic	APE
	Jason	Bowers	B	17	160 - 3000m	8:40.58	1	929
	Ruan	Claassens	B	17	10 - SP	16.72	2	903
	Ruan	Claassens	B	17	70 - HJ	1.93	3	807
	Ruan	Claassens	B	17	70 - HJ*	1.85	3	725
	Zander	De Beer	B	17	21 - LJ	6.57	9	775
	Zander	De Beer	B	17	102 - 200m*	22.75	2	756
	Zander	De Beer	B	17	102 - 200m*	22.99	5	741
	Zander	De Beer	B	17	16 - 100m*	11.36	5	710
	Zander	De Beer	B	17	16 - 100m*	11.33	5	710
	Unathi	Dladla	B	17	45 - 110mH*	15.21	4	779
	Unathi	Dladla	B	17	118 - 400mH	59.60	8	666
	Justin	Fairlie	B	17	27 - JT	57.84	4	768
	Justin	Fairlie	B	17	27 - JT*	55.70	4	734
	Pieter	Kriel	B	17	102 - 200m*	22.33	1	789
	Pieter	Kriel	B	17	102 - 200m	22.40	6	789
	Pieter	Kriel	B	17	102 - 200m*	22.43	2	780
	Pieter	Kriel	B	17	16 - 100m*	11.03	3	761
	Pieter	Kriel	B	17	16 - 100m*	11.13	3	744
	Thabang	Mahlatsi	B	17	28 - 400m*	52.50	3	755
	Nthanhla	Mnotoza	B	17	47 - 2000mSc	7:04.89	7	818
	Onalerona	Mokhuwa	B	17	93 - 10kmW	1:02:32.38	5	775
	Onalerona	Mokhuwa	B	17	35 - 1500m*	4:32.06	10	694
	Xavier	Nel	B	17	27 - JT	53.36	5	697
	Xavier	Nel	B	17	27 - JT*	45.95	7	574
	Kgotoso	Ramathe	B	17	118 - 400mH	53.40	1	896
	Kgotoso	Ramathe	B	17	45 - 110mH*	14.08	2	884
	Kgotoso	Ramathe	B	17	45 - 110mH	14.13	5	879
	Kgotoso	Ramathe	B	17	118 - 400mH*	54.07	1	865
	Kamo	Thipe	B	17	130 - 800m	1:54.38	1	820
	Kamo	Thipe	B	17	130 - 800m*	2:01.81	2	656
	Markus	van der Vyver	B	17	35 - 1500m*	4:31.20	10	699
	Cyle	van der Westhuizen	B	17	28 - 400m*	53.27	1	731
	Marco	van Tromp	B	17	130 - 800m	2:02.07	8	651
	Marco	van Tromp	B	17	130 - 800m*	2:03.74	7	620
	David	Vermeulen	B	17	121 - TJ	12.91	9	640
	Darius	Viljoen	B	17	116 - HT	38.39	2	739
	Lunga	Beyers	B	15	33 - 1500m*	4:50.32	11	635
	Siyyabulela	Buti	B	15	114 - 300mH*	43.51	6	627
	Ruan	Coetsee	B	15	7 - JT*	43.19	8	516
	Ewald	de Klerk	B	15	3 - 5000mW	33:47.03	6	740



Team report for Sedibeng East (D7) Page 2

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	PC	de Meyer	B	15	52 - SP	15.32	5	853
	PC	de Meyer	B	15	96 - DT	49.18	5	830
	Collyn	Fourie	B	15	24 - 400m*	53.69	3	749
	Laykan	Keyter	B	15	125 - 800m*	2:13.68	9	505
	Laykan	Keyter	B	15	125 - 800m	2:16.54	9	464
	Menzi	Mazingiza	B	15	42 - 100mH*	14.32	4	782
	Menzi	Mazingiza	B	15	114 - 300mH	40.88	5	741
	Menzi	Mazingiza	B	15	114 - 300mH*	41.02	2	734
	Dwight	Mc Cloen	B	15	22 - HJ	1.89	2	857
	Dwight	Mc Cloen	B	15	38 - TJ	12.77	3	696
	Dwight	Mc Cloen	B	15	22 - HJ*	1.70	1	651
	Brenden	Mocke	B	15	126 - HT	35.70	2	776
	Tumelo	Mokoena	B	15	125 - 800m*	2:24.37	10	365
	Ethan	Olivier	B	15	106 - LJ	6.59	1	906
	Ethan	Olivier	B	15	38 - TJ	14.13	1	897
	Thapelo	Radebe	B	15	33 - 1500m*	4:37.99	1	694
	Thapelo	Radebe	B	15	33 - 1500m	4:45.43	10	657
	Jurgens	Rossouw	B	15	7 - JT*	39.25	7	443
	Ruan	Rossouw	B	15	47 - 1500mSc	5:38.64	13	715
	Liano	Snyders	B	15	100 - 200m*	23.86	3	707
	Liano	Snyders	B	15	14 - 100m*	11.97	8	652
	Liano	Snyders	B	15	14 - 100m*	11.95	3	652
	Anjo	Swart	B	15	42 - 100mH*	15.79	6	669
	Joshua	van Deventer	B	15	22 - HJ	1.89	1	857
	Joshua	van Deventer	B	15	22 - HJ*	1.70	4	651
	Marius	Van Straaten	B	15	126 - HT	40.44	1	826
	Ethan	Williams	B	15	100 - 200m*	22.91	2	774
	Ethan	Williams	B	15	100 - 200m	23.02	3	766
	Ethan	Williams	B	15	100 - 200m*	23.29	1	751
	Nicole	Bester	G	17	18 - HT	34.62	2	756
	Chirese	Blom	G	17	41 - 100mH*	32.13	6	256
	Annericke	Bornman	G	17	129 - 800m*	2:26.52	5	770
	Annericke	Bornman	G	17	129 - 800m	2:27.49	10	761
	Jané	Botha	G	17	25 - 400m*	1:01.31	2	802
	Jo'Mari	Du Preez	G	17	92 - 5000mW	32:04.00	8	839
	Janca	Fouche	G	17	15 - 100m*	12.47	2	827
	Janca	Fouche	G	17	15 - 100m*	12.53	2	814
	Janca	Fouche	G	17	15 - 100m	12.57	4	814
	Shikira	Gebhardt	G	17	140 - TJ	11.32	3	779
	Shikira	Gebhardt	G	17	51 - LJ	5.35	4	696



Team report for Sedibeng East (D7) Page 3

No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Shanon-Lee	Greyling	G	17	25 - 400m	58.69	3	867
	Shanon-Lee	Greyling	G	17	25 - 400m*	59.87	2	837
	Shanon-Lee	Greyling	G	17	101 - 200m*	26.65	4	794
	Suzaan-Marie	Leach	G	17	92 - 5000mW	32:03.00	7	839
	Danzelle	Marx	G	17	18 - HT	33.77	3	747
	Cara	Nienaber	G	17	101 - 200m*	26.50	6	805
	Cara	Nienaber	G	17	101 - 200m*	26.53	3	799
	Maritske	Rautenbach	G	17	115 - 400mH*	1:06.46	2	853
	Maritske	Rautenbach	G	17	115 - 400mH	1:10.11	8	798
	Jullienne	Strydom	G	17	15 - 100m*	12.65	3	800
	Jullienne	Strydom	G	17	15 - 100m*	13.13	6	740
	Jullienne	Strydom	G	17	140 - TJ	11.03	4	728
	Favour	Umeh	G	17	36 - HJ	1.60	3	732
	Favour	Umeh	G	17	36 - HJ*	1.54	2	660
	Mercia	Venter	G	17	47 - 2000mSc	10:29.10	11	591
	Danielle	Verwoerd	G	17	129 - 800m	2:16.57	2	873
	Danielle	Verwoerd	G	17	34 - 1500m	4:42.40	2	828
	Danielle	Verwoerd	G	17	129 - 800m*	2:24.61	2	788
	Danielle	Verwoerd	G	17	34 - 1500m*	5:08.18	3	710
	Corli	Volschenk	G	17	158 - 3000m	11:40.00	8	782
	Delaine	Willemse	G	17	41 - 100mH*	17.23	4	685
	Danieka	Bekker	G	15	18 - HT	24.57	2	633
	Charne	Booyesen	G	15	47 - 1500mSc	7:14.87	8	641
	Melisha	Bujak	G	15	99 - 200m	25.43	4	893
	Melisha	Bujak	G	15	99 - 200m*	25.52	4	886
	Melisha	Bujak	G	15	13 - 100m*	12.50	3	853
	Melisha	Bujak	G	15	99 - 200m*	26.10	3	853
	Melisha	Bujak	G	15	13 - 100m	12.53	3	839
	Melisha	Bujak	G	15	13 - 100m*	12.74	2	812
	Janke	Crafford	G	15	99 - 200m*	26.91	5	800
	Janke	Crafford	G	15	13 - 100m*	13.21	4	751
	Anzelle	Doubell	G	15	32 - 1500m*	5:16.00	10	699
	Amoré	Engelbrecht	G	15	113 - 300mH*	47.41	7	832
	Amoré	Engelbrecht	G	15	40 - 90mH*	14.68	6	803
	Chantelle	Joubert	G	15	9 - HJ	1.64	2	838
	Chantelle	Joubert	G	15	9 - HJ*	1.55	2	727
	Mpho	Katiso	G	15	112 - 3000m	11:20.70	8	819
	Mpho	Katiso	G	15	32 - 1500m*	5:15.00	9	703
	Lianca	Nagel	G	15	107 - TJ	10.81	4	792
	Catelyne	Nelson	G	15	159 - SP	11.55	7	825



Team report for Sedibeng East (D7) Page 4

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Mary Amy	Oosthuizen	G	15	107 - TJ	10.80	5	790
	Mary Amy	Oosthuizen	G	15	71 - LJ	5.11	5	704
	Michayla	Partridge	G	15	23 - 400m*	1:04.62	4	753
	Michayla	Partridge	G	15	124 - 800m*	2:42.40	8	661
	Liz-Marie	Paulsen	G	15	47 - 1500mSc	7:24.67	9	626
	Amy	Seaman	G	15	4 - 5000mW	41:02.24	7	747
	Mieke	Smit	G	15	112 - 3000m	10:15.48	3	915
	Imogen	van Heerden	G	15	124 - 800m*	2:43.44	4	654
	Imogen	van Heerden	G	15	124 - 800m	2:48.07	16	623
	Logan	Venter	G	15	113 - 300mH	42.74	2	950
	Logan	Venter	G	15	40 - 90mH	13.15	3	930
	Logan	Venter	G	15	40 - 90mH*	13.32	2	913
	Logan	Venter	G	15	113 - 300mH*	44.43	1	903
	Jessica	Wehmeyer	G	15	9 - HJ*	1.55	1	727
	Jessica	Wehmeyer	G	15	9 - HJ	1.54	7	715
	Anke	Wiersma	G	15	23 - 400m*	1:03.15	6	783
	Bleyton	Adams	M	19	119 - 400mH*	1:00.14	4	670
	Corneulius	Botha	M	19	104 - DT	34.40	8	624
	Corneulius	Botha	M	19	154 - HT	30.34	4	592
	Jodeon	Ismail	M	19	154 - HT	40.45	3	758
	Thato	Kgala	M	19	95 - TJ	15.25	2	906
	Thato	Kgala	M	19	5 - LJ	6.99	4	809
	Dihann	Labuschagne	M	19	17 - JT	49.44	4	633
	Dihann	Labuschagne	M	19	17 - JT*	46.58	3	584
	Tshepiso	Makobe	M	19	168 - 5000m	16:23.71	7	808
	Tshepiso	Mokobe	M	19	60 - 3000mSc	9:48.00	10	887
	Tshepiso	Mokobe	M	19	12 - 1500m	4:07.00	9	811
	Tshepiso	Mokobe	M	19	12 - 1500m*	4:14.09	2	765
	Siyabulela	Ngay	M	19	31 - 400m*	53.71	6	694
	Welrè	Olivier	M	19	95 - TJ	15.80	1	993
	Welrè	Olivier	M	19	5 - LJ	7.25	2	883
	Karel	Olwage	M	19	50 - HJ	2.04	2	850
	Karel	Olwage	M	19	50 - HJ*	1.85	1	660
	Henning	Pienaar	M	19	132 - 800m*	2:07.25	5	517
	Leighton	Taljaard	M	19	46 - 110mH	14.72	4	837
	Leighton	Taljaard	M	19	46 - 110mH*	15.11	2	802
	Leighton	Taljaard	M	19	111 - 200m	22.39	4	761
	Leighton	Taljaard	M	19	111 - 200m*	22.56	2	745
	Leighton	Taljaard	M	19	111 - 200m*	23.11	1	700
	Dylan	Tawodzera	M	19	119 - 400mH	58.19	5	732



Team report for Sedibeng East (D7) Page 5

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Dylan	Tawodzera	M	19	31 - 400m*	52.64	2	725
	Dylan	Tawodzera	M	19	119 - 400mH*	58.60	3	718
	Tiaan	van Rensburg	M	19	132 - 800m*	2:04.64	5	559
	Anjenet	Bezuidenhout	W	19	103 - 200m	25.52	1	838
	Anjenet	Bezuidenhout	W	19	103 - 200m*	25.72	1	825
	Anjenet	Bezuidenhout	W	19	103 - 200m*	25.96	1	813
	Anjenet	Bezuidenhout	W	19	19 - 100m*	12.59	1	790
	Anjenet	Bezuidenhout	W	19	19 - 100m*	12.69	1	778
	Juanita	De Necker	W	19	72 - DT	44.08	2	921
	Juanita	De Necker	W	19	127 - SP	13.02	2	901
	Juanita	De Necker	W	19	108 - JT	36.85	4	755
	Carike	Deyzel	W	19	53 - HT	42.59	2	887
	Bianca	Erasmus	W	19	97 - HJ	1.55	6	630
	Katlego	Gabankgosi	W	19	61 - 3000mSc	12:15.00	9	794
	Katlego	Gabankgosi	W	19	131 - 800m*	2:47.78	8	601
	Katlego	Gabankgosi	W	19	131 - 800m	2:51.48	13	577
	Katlego	Gabankgosi	W	19	11 - 1500m*	5:54.86	5	547
	Dane	Grobler	W	19	44 - 100mH*	17.64	4	678
	Tallita	Groenewald	W	19	30 - 400m	57.90	8	867
	Tallita	Groenewald	W	19	30 - 400m*	59.57	2	824
	Hannelise	Hartley	W	19	103 - 200m*	27.51	4	727
	Hannelise	Hartley	W	19	19 - 100m*	13.31	7	698
	Hannelise	Hartley	W	19	19 - 100m*	13.43	8	687
	Kamogleo	Morena	W	19	61 - 3000mSc	12:16.00	10	793
	Bianca	Ntlangulela	W	19	11 - 1500m	5:15.00	8	677
	Bianca	Ntlangulela	W	19	11 - 1500m*	5:42.59	6	583
	Vene	Prinsloo	W	19	117 - 400mH*	1:23.13	5	640
	Zanè	Schoeman	W	19	44 - 100mH	16.09	5	763
	Zanè	Schoeman	W	19	44 - 100mH*	16.49	1	739
	Charlotte	Strauss	W	19	30 - 400m*	1:07.25	3	672
	Lerisha	Visser	W	19	127 - SP	10.75	5	810
	Lerisha	Visser	W	19	72 - DT	26.77	7	654

Medals (excluding relays) - Gold: 9 Silver: 16 Bronze: 11