



Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

Team report for Ekurhuleni South (D6)



Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Pic	APE
	Luan	Bisschoff	B	17	27 - JT*	44.65	9	551
	Ruan	Bronkhorst	B	17	45 - 110mH*	15.69	7	742
	Ruan	Bronkhorst	B	17	70 - HJ*	1.80	2	673
	Ruan	Bronkhorst	B	17	6 - PV	3.60	1	392
	Cayde	De Waal	B	17	47 - 2000mSc	6:56.02	5	843
	Ewan	Fraser	B	17	27 - JT*	44.67	11	552
	Tharolla	Maja	B	17	47 - 2000mSc	7:15.40	11	789
	Hollo	Mapane	B	17	45 - 110mH*	14.71	2	823
	Hollo	Mapane	B	17	45 - 110mH	15.12	8	787
	Siyabonga	Mbatha	B	17	35 - 1500m	4:13.71	6	802
	Siyabonga	Mbatha	B	17	35 - 1500m*	4:15.51	6	790
	Tautona	Moloi	B	17	21 - LJ	6.17	15	655
	Ruan	Potgieter	B	17	118 - 400mH*	1:03.42	4	562
	Mosa	Sentile	B	17	130 - 800m*	2:05.30	8	593
	Nathan	Steyn	B	17	28 - 400m*	48.89	1	883
	Nathan	Steyn	B	17	28 - 400m	49.28	2	867
	Rianiel	Turner	B	17	10 - SP	15.78	6	863
	Siyabonga	Uzoho	B	17	28 - 400m	49.70	4	851
	Siyabonga	Uzoho	B	17	28 - 400m*	50.93	2	804
	Siyabonga	Uzoho	B	17	118 - 400mH*	55.63	2	800
	Siyabonga	Uzoho	B	17	118 - 400mH	56.79	5	757
	Siyabonga	Uzoho	B	17	102 - 200m*	22.86	2	748
	Marnu	Vermaak	B	17	160 - 3000m	9:09.02	4	850
	Marnu	Vermaak	B	17	35 - 1500m*	4:15.20	5	792
	Marnu	Vermaak	B	17	35 - 1500m	4:17.72	10	776
	Marnus	Viljoen	B	17	16 - 100m	10.59	3	860
	Marnus	Viljoen	B	17	102 - 200m	21.88	3	832
	Marnus	Viljoen	B	17	16 - 100m*	10.80	2	818
	Marnus	Viljoen	B	17	102 - 200m*	22.06	3	814
	Marnus	Viljoen	B	17	102 - 200m*	22.68	3	764
	Marnus	Viljoen	B	17	16 - 100m*	11.03	2	761
	Dirk	Winjbeek	B	17	130 - 800m	1:59.09	5	711
	Dirk	Winjbeek	B	17	130 - 800m*	1:59.42	1	704
	Gordan	Cumming	B	15	100 - 200m*	23.63	4	721
	Gordan	Cumming	B	15	100 - 200m*	23.75	4	714
	Gordan	Cumming	B	15	100 - 200m	24.10	8	693
	Ulrich	De Swart	B	15	22 - HJ	1.84	3	803
	Ulrich	De Swart	B	15	22 - HJ*	1.70	6	651
	Teboho	Dhlamini	B	15	3 - 5000mW	33:47.03	5	740
	Teboho	Dhlamini	B	15	33 - 1500m	4:46.49	11	652



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No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Teboho	Dhlamini	B	15	33 - 1500m*	4:46.78	5	651
	Marko	Foord	B	15	22 - HJ*	1.70	2	651
	Henrico	Germishuyzen	B	15	38 - TJ	12.25	6	619
	Prince	Khelemithi	B	15	133 - 3000m	9:55.12	6	774
	Jj	Lewis	B	15	7 - JT*	38.16	8	422
	Gomolemo	Mangena	B	15	106 - LJ	6.05	5	735
	Oratile	Mashigo	B	15	33 - 1500m*	4:43.27	8	668
	Oratile	Mashigo	B	15	33 - 1500m	4:46.71	12	651
	Tshepo	Mpele	B	15	133 - 3000m	9:41.29	4	803
	Cayden	Ramage	B	15	42 - 100mH	13.93	5	818
	Cayden	Ramage	B	15	42 - 100mH*	14.01	2	810
	Ryan	Smit	B	15	14 - 100m*	11.76	7	682
	Ryan	Smit	B	15	14 - 100m*	11.73	3	682
	Juan	Steyn	B	15	7 - JT	52.07	4	666
	Juan	Steyn	B	15	7 - JT*	51.45	3	656
	Juandre	Theron	B	15	24 - 400m*	52.82	3	773
	Keanu	V Loggenberg	B	15	114 - 300mH*	40.35	2	767
	Stephan	Van Deventer	B	15	52 - SP	15.02	6	839
	Keanu	Van Loggerenberg	B	15	42 - 100mH*	13.58	1	852
	Keanu	Van Loggerenberg	B	15	42 - 100mH	14.80	7	742
	Roland	Van Tonder	B	15	24 - 400m*	54.32	5	728
	Albert	Windsor	B	15	100 - 200m*	23.73	4	714
	Albert	Windsor	B	15	100 - 200m	24.07	7	693
	Albert	Windsor	B	15	100 - 200m*	24.12	3	686
	Albert	Windsor	B	15	14 - 100m*	11.75	8	682
	Albert	Windsor	B	15	14 - 100m*	11.86	4	667
	Du-Ane	Bekker	G	17	129 - 800m*	2:40.41	8	658
	Alyssa	Botha	G	17	101 - 200m	25.74	5	847
	Alyssa	Botha	G	17	101 - 200m*	26.55	3	799
	Alyssa	Botha	G	17	101 - 200m*	26.85	1	783
	Alyssa	Botha	G	17	15 - 100m*	12.99	5	763
	Alyssa	Botha	G	17	15 - 100m*	12.93	5	763
	Misha	Dzimba	G	17	34 - 1500m*	5:01.36	7	739
	Misha	Dzimba	G	17	34 - 1500m	5:04.40	11	726
	Ntokoza	Gumede	G	17	158 - 3000m	10:28.41	1	879
	Sinesipho	Krewu	G	17	47 - 2000mSc	9:25.58	10	659
	Sharika	Kröner	G	17	41 - 100mH*	15.63	3	777
	Sianne	Mileham	G	17	101 - 200m*	26.28	4	817
	Sianne	Mileham	G	17	101 - 200m*	26.29	3	817
	Sianne	Mileham	G	17	15 - 100m*	12.63	4	800



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Sianne	Mileham	G	17	15 - 100m*	12.79	4	788
	Sianne	Mileham	G	17	101 - 200m	26.79	8	788
	Sianne	Mileham	G	17	15 - 100m	12.73	6	788
	Sanitha	Mkwanazi	G	17	36 - HJ*	1.54	5	660
	Puleng	Motsoeneng	G	17	92 - 5000mW	32:00.00	4	839
	Jenna	Smith	G	17	51 - LJ	5.06	8	592
	Corlize	Stoltz	G	17	158 - 3000m	10:32.62	4	872
	Corlize	Stoltz	G	17	34 - 1500m	4:55.97	8	762
	Corlize	Stoltz	G	17	34 - 1500m*	5:11.93	8	696
	Bochule	Swanepoel	G	17	115 - 400mH*	1:05.65	3	866
	Bochule	Swanepoel	G	17	115 - 400mH	1:06.98	7	845
	Riana	Swart	G	17	115 - 400mH	1:02.66	3	919
	Riana	Swart	G	17	115 - 400mH*	1:04.13	2	892
	Riana	Swart	G	17	41 - 100mH*	14.86	2	829
	Riana	Swart	G	17	25 - 400m*	1:00.28	1	827
	Riana	Swart	G	17	41 - 100mH	15.34	7	796
	Charne	Van Vuuren	G	17	25 - 400m*	1:04.26	6	742
	Jeané	Visagie	G	17	129 - 800m*	2:26.60	6	770
	Jeané	Visagie	G	17	129 - 800m	2:27.59	12	761
	Thalente	Zungu	G	17	92 - 5000mW	32:02.00	6	839
	Denelize	Botha	G	15	99 - 200m*	26.38	2	834
	Denelize	Botha	G	15	99 - 200m*	26.94	7	800
	Nicoleen	Cedras	G	15	112 - 3000m	11:35.49	12	801
	Jessica	Coetzee	G	15	98 - JT*	32.45	7	700
	Cherel	Freeks	G	15	113 - 300mH*	52.75	5	731
	Ntombi	Gumede	G	15	32 - 1500m	4:45.37	3	836
	Ntombi	Gumede	G	15	124 - 800m*	2:30.83	8	753
	Ntombi	Gumede	G	15	32 - 1500m*	5:11.00	5	719
	Jordan	Holtzhausen	G	15	23 - 400m*	1:06.09	4	726
	Charnise	Jansen V Vuuren	G	15	40 - 90mH*	14.62	4	807
	Charnise	Jansen V Vuuren	G	15	99 - 200m*	26.90	4	805
	Charnise	Jansen V Vuuren	G	15	99 - 200m*	27.64	7	762
	Charnise	Jansen V Vuuren	G	15	13 - 100m*	13.27	4	751
	Pheletso	Masilo	G	15	40 - 90mH*	14.30	4	831
	Pheletso	Masilo	G	15	9 - HJ*	1.55	6	727
	Qhayiya	Mbana	G	15	4 - 5000mW	40:15.55	6	754
	Nomande	Mngoma	G	15	112 - 3000m	11:35.07	11	801
	Nomande	Mngoma	G	15	32 - 1500m*	5:14.00	8	707
	Nomande	Mngoma	G	15	32 - 1500m	5:20.69	12	681
	Disebo	Ntema	G	15	4 - 5000mW	34:17.17	3	814



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Elani	Pretorius	G	15	29 - DT	29.55	7	760
	Chante	Viljoen	G	15	124 - 800m*	2:21.50	5	843
	Chante	Viljoen	G	15	23 - 400m*	1:02.34	2	800
	Chante	Viljoen	G	15	124 - 800m	2:26.29	9	794
	Dominique	Wiggell	G	15	98 - JT*	29.26	4	639
	Jade	Zwart	G	15	113 - 300mH*	51.37	7	755
	Elliot	Asieng	M	19	20 - 100m*	11.14	4	714
	Elliot	Asieng	M	19	20 - 100m*	11.47	5	666
	Antonio	Brown	M	19	12 - 1500m	4:05.00	7	825
	Antonio	Brown	M	19	12 - 1500m*	4:16.14	4	752
	Francois	Deyzel	M	19	26 - SP	14.61	6	796
	Shaun	Du Toit	M	19	31 - 400m*	50.66	4	788
	Keanu	Herbert	M	19	119 - 400mH*	58.19	3	732
	Keanu	Herbert	M	19	119 - 400mH	58.44	6	724
	Dorian	Kuhn	M	19	26 - SP	12.90	8	716
	Mpho	Makganyaga	M	19	95 - TJ	13.63	7	683
	Lefa	Makofane	M	19	5 - LJ	6.69	6	723
	Siyabonga	Maqashalala	M	19	60 - 3000mSc	9:45.00	7	890
	Tumelo	Moloi	M	19	2 - 10kmW	1:00:46.37	3	760
	Tumelo	Moloi	M	19	111 - 200m*	23.63	5	666
	Tolbadi	Sanele	M	19	5 - LJ	7.31	1	900
	Victor	Sefithlolo	M	19	60 - 3000mSc	9:44.00	6	891
	Victor	Sefithlolo	M	19	168 - 5000m	16:25.93	8	806
	Thuto	Selepe	M	19	119 - 400mH*	1:00.44	1	661
	Thuto	Selepe	M	19	119 - 400mH	1:01.23	8	639
	Pieter	Theunissen	M	19	46 - 110mH*	17.17	5	654
	Alissa	De Klerk	W	19	117 - 400mH*	1:15.41	5	720
	Dianné	Froneman	W	19	30 - 400m*	1:11.79	5	602
	Marijke	Hoeksema	W	19	117 - 400mH*	1:04.09	2	880
	Marijke	Hoeksema	W	19	117 - 400mH	1:04.28	2	876
	Kaylin	Jansen	W	19	44 - 100mH*	16.62	3	731
	Kaylin	Jansen	W	19	44 - 100mH	17.10	6	705
	Kaylin	Jansen	W	19	97 - HJ	1.50	7	570
	Kelsey	Khupe	W	19	44 - 100mH*	16.78	2	723
	Nthabiseng	Motaung	W	19	61 - 3000mSc	12:12.00	6	797
	Nthabiseng	Motaung	W	19	131 - 800m*	3:03.70	10	508
	Rina	Ngwenya	W	19	30 - 400m*	1:08.15	5	657
	Bonita	Olivier	W	19	131 - 800m*	2:52.74	10	570
	Kaylin	Smith	W	19	103 - 200m	25.65	2	831
	Kaylin	Smith	W	19	103 - 200m*	25.78	1	825



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Kaylin	Smith	W	19	103 - 200m*	25.83	1	819
	Kaylin	Smith	W	19	19 - 100m	12.32	2	816
	Kaylin	Smith	W	19	19 - 100m*	12.53	2	790
	Kaylin	Smith	W	19	19 - 100m*	12.73	2	765
	Alison	Steyn	W	19	108 - JT	31.80	7	667
	Britney	Taljaard	W	19	11 - 1500m	5:13.00	6	684
	Britney	Taljaard	W	19	11 - 1500m*	5:37.28	4	599
	Megan	V Heerden	W	19	103 - 200m*	27.64	5	722
	Megan	V Heerden	W	19	103 - 200m*	27.87	5	713
	Riani	Van Der Hoven	W	19	19 - 100m*	12.61	2	778
	Riani	Van Der Hoven	W	19	19 - 100m*	12.61	2	778
	Riani	Van Der Hoven	W	19	37 - LJ	5.59	2	707
	Jessica	Watt	W	19	127 - SP	8.19	10	685
	Elizabeth	Zitha	W	19	61 - 3000mSc	12:11.00	5	799

Medals (excluding relays) - Gold: 3 Silver: 5 Bronze: 7