



Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

Team report for Ekurhuleni North (D17)



Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Pic	APE
	Juan	Claassen	B	17	10 - SP	16.55	3	896
	Juan	Claassen	B	17	116 - HT	41.57	1	770
	Jacques	Cloete	B	17	118 - 400mH*	56.79	4	757
	Jacques	Cloete	B	17	118 - 400mH	57.12	6	746
	Julius	Dercksen	B	17	45 - 110mH*	14.81	4	814
	Govender	Esra	B	17	47 - 2000mSc	7:31.79	13	749
	Leonard	Fick	B	17	35 - 1500m*	4:16.97	7	781
	Leonard	Fick	B	17	35 - 1500m	4:27.92	12	716
	Marcus	Gouws	B	17	130 - 800m*	2:00.88	1	674
	Justin	Hickley	B	17	70 - HJ*	1.85	2	725
	Elias	Horacio	B	17	45 - 110mH*	15.66	6	744
	Ruan	Janse Van Rensburg	B	17	28 - 400m*	53.28	5	731
	James	Kgatuke	B	17	35 - 1500m*	4:17.39	4	778
	James	Kgatuke	B	17	35 - 1500m	4:22.67	11	746
	Maathew	Lazarus	B	17	160 - 3000m	9:29.82	9	801
	Sisanda	Luphuzi	B	17	121 - TJ	13.41	4	712
	Kamohelo	Matheta	B	17	16 - 100m*	11.31	6	710
	Kamohelo	Matheta	B	17	16 - 100m*	11.67	6	663
	Rhenzo	Oosthuizen	B	17	27 - JT*	48.55	8	618
	Johan	Raath	B	17	160 - 3000m	9:57.05	15	744
	Caleb	Rademan	B	17	16 - 100m*	11.37	6	710
	Caleb	Rademan	B	17	16 - 100m*	11.61	6	663
	D	Ravinand	B	17	28 - 400m*	55.11	7	678
	Keegan	Steyn	B	17	130 - 800m*	2:18.35	10	401
	Emile	Swanepoel	B	17	21 - LJ	6.37	12	715
	Armand	Swart	B	17	27 - JT*	47.52	3	601
	Jonru	Van Der Merwe	B	17	45 - 110mH*	15.32	5	770
	Nkosinathi	Beda	B	15	100 - 200m*	23.56	3	728
	Nkosinathi	Beda	B	15	14 - 100m*	11.52	5	713
	Nkosinathi	Beda	B	15	100 - 200m*	23.84	6	707
	Nkosinathi	Beda	B	15	14 - 100m	11.65	6	697
	Nkosinathi	Beda	B	15	14 - 100m*	11.90	4	667
	Reinhardt	Botha	B	15	114 - 300mH*	41.34	3	719
	Divan	Bouwer	B	15	106 - LJ	6.19	2	780
	Divan	Bouwer	B	15	42 - 100mH*	14.52	5	765
	Divan	Bouwer	B	15	14 - 100m*	12.15	6	624
	Fabio	De Klerk	B	15	7 - JT	50.60	5	642
	Fabio	De Klerk	B	15	7 - JT*	47.82	5	596
	Raymond	Hassim	B	15	22 - HJ*	1.70	5	651
	Aedan	Jansen Van Vuuren	B	15	100 - 200m*	23.61	1	721



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Aedan	Jansen Van Vuuren	B	15	100 - 200m*	24.10	6	693
	Jetao Daniel	Jooste	B	15	42 - 100mH*	14.83	4	739
	Manase	Kabonga	B	15	47 - 1500mSc	5:38.87	14	715
	Matthew	Mackay	B	15	133 - 3000m	9:44.67	5	796
	Ofentse	Mametsa	B	15	24 - 400m*	52.84	4	773
	Ofentse	Mametsa	B	15	125 - 800m*	2:06.08	2	627
	Ofentse	Mametsa	B	15	125 - 800m	2:06.55	6	619
	Andries J	Meyer	B	15	133 - 3000m	10:12.94	9	739
	Emile	Pretorius	B	15	47 - 1500mSc	4:42.67	2	932
	Emile	Pretorius	B	15	33 - 1500m	4:28.09	7	748
	Emile	Pretorius	B	15	33 - 1500m*	4:33.00	6	721
	Emile	Pretorius	B	15	125 - 800m	2:03.00	4	685
	Emile	Pretorius	B	15	125 - 800m*	2:11.59	4	536
	Ryan	Smith	B	15	7 - JT*	42.85	5	510
	Zander	Van Der Lith	B	15	24 - 400m	49.91	1	880
	Zander	Van Der Lith	B	15	114 - 300mH	38.73	2	857
	Zander	Van Der Lith	B	15	114 - 300mH*	38.94	1	844
	Zander	Van Der Lith	B	15	24 - 400m*	50.89	1	841
	Dihan	Van Deventer	B	15	33 - 1500m	4:38.37	9	692
	Dihan	Van Deventer	B	15	33 - 1500m*	4:42.51	4	672
	Tayla	Bosman	G	17	129 - 800m	2:22.60	8	808
	Tayla	Bosman	G	17	129 - 800m*	2:28.19	7	755
	Tayla	Bosman	G	17	34 - 1500m*	4:59.41	2	747
	Tayla	Bosman	G	17	34 - 1500m	4:59.96	9	745
	Belle	Burger	G	17	101 - 200m*	27.42	4	751
	Caitlin	Davies	G	17	51 - LJ	5.25	7	660
	Sune	De Jager	G	17	36 - HJ	1.60	7	732
	Sune	De Jager	G	17	36 - HJ*	1.54	5	660
	Chane'	De Meyer	G	17	158 - 3000m	10:30.76	2	875
	Chane'	De Meyer	G	17	34 - 1500m	4:54.77	7	768
	Chane'	De Meyer	G	17	34 - 1500m*	4:59.57	5	746
	Katelyn	Flooks	G	17	41 - 100mH*	16.46	5	727
	Lizelle	Fourie	G	17	101 - 200m*	26.94	2	777
	Lizelle	Fourie	G	17	101 - 200m*	27.15	5	767
	Lizelle	Fourie	G	17	15 - 100m*	13.00	5	763
	Lizelle	Fourie	G	17	15 - 100m*	13.17	5	740
	Courtney	Heymans	G	17	141 - JT	43.30	2	858
	Clarissa	Le Roux	G	17	8 - DT	41.32	4	914
	Clarissa	Le Roux	G	17	73 - SP	14.09	5	897
	Nthabiseng	Nxagoni	G	17	92 - 5000mW	32:05.00	9	838



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No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Anri	Oosthuizen	G	17	47 - 2000mSc	7:52.73	3	788
	Jessica	Swart	G	17	140 - TJ	10.81	6	690
	Jessica	Swart	G	17	51 - LJ	5.06	9	592
	Fiona	Van Dam	G	17	41 - 100mH*	15.55	3	782
	Fiona	Van Dam	G	17	140 - TJ	10.44	8	625
	Jeanri	Van Der Walt	G	17	25 - 400m*	1:00.45	2	823
	Jeanri	Van Der Walt	G	17	25 - 400m	1:01.00	5	811
	El-Marie	Van Greunen	G	17	115 - 400mH	1:02.58	2	921
	El-Marie	Van Greunen	G	17	115 - 400mH*	1:04.17	3	892
	El-Marie	Van Greunen	G	17	41 - 100mH	14.71	6	840
	El-Marie	Van Greunen	G	17	41 - 100mH*	14.77	1	836
	Karla	Van Staden	G	17	36 - HJ	1.60	6	732
	Karla	Van Staden	G	17	36 - HJ*	1.54	4	660
	Mikie	Wilken	G	17	115 - 400mH*	1:08.48	4	822
	Mikie	Wilken	G	17	129 - 800m	2:27.55	11	761
	Mikie	Wilken	G	17	129 - 800m*	2:30.76	5	733
	Doane	Zeelie	G	17	25 - 400m*	1:01.43	5	800
	Gabriella	Bowker	G	15	98 - JT*	20.29	12	439
	Lu Chelle	Breedt	G	15	113 - 300mH*	45.22	2	883
	Lu Chelle	Breedt	G	15	113 - 300mH	45.54	8	875
	Camryn	De Meyer	G	15	124 - 800m*	2:22.89	6	828
	Camryn	De Meyer	G	15	124 - 800m	2:29.61	13	763
	Camryn	De Meyer	G	15	32 - 1500m	5:01.63	9	758
	Camryn	De Meyer	G	15	32 - 1500m*	5:11.00	5	719
	Sune	Greeff	G	15	71 - LJ	4.98	6	655
	Daniella	Homem De Gouveia	G	15	23 - 400m*	1:04.10	4	765
	Inam	Maqili	G	15	4 - 5000mW	41:02.24	8	747
	Sumari	Mc Cabe	G	15	29 - DT	30.66	6	779
	Sune	Mc Cabe	G	15	124 - 800m*	2:25.75	5	799
	Sune	Mc Cabe	G	15	124 - 800m	2:28.99	12	769
	Skye	Meintjies	G	15	99 - 200m*	26.22	1	841
	Skye	Meintjies	G	15	99 - 200m*	26.59	3	823
	Skye	Meintjies	G	15	13 - 100m*	12.93	2	787
	Josy Ann	Ndungu	G	15	9 - HJ*	1.55	3	727
	Josy Ann	Ndungu	G	15	9 - HJ	1.54	8	715
	Chelsea	Ogidi	G	15	99 - 200m	25.54	5	886
	Chelsea	Ogidi	G	15	99 - 200m*	25.89	1	866
	Chelsea	Ogidi	G	15	99 - 200m*	26.07	2	853
	Chelsea	Ogidi	G	15	13 - 100m*	12.70	4	825
	Chelsea	Ogidi	G	15	13 - 100m*	12.80	1	812



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No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Chelsea	Ogidi	G	15	13 - 100m	12.71	5	812
	Koketso	Ramahlola	G	15	113 - 300mH*	48.19	4	816
	Megan	Rossi	G	15	40 - 90mH*	15.37	7	756
	Chane'	Strydom	G	15	98 - JT	32.97	8	709
	Chane'	Strydom	G	15	98 - JT*	29.08	5	635
	Abigail	Sweeney	G	15	112 - 3000m	11:21.08	9	819
	Mirnique	Van Der Walt	G	15	13 - 100m*	12.80	5	812
	Mirnique	Van Der Walt	G	15	13 - 100m	13.01	8	775
	Mirnique	Van Der Walt	G	15	13 - 100m*	13.17	3	763
	Anzel	Van Der Westhuizen	G	15	159 - SP	11.96	5	842
	Charlene	Van Jaarsveld	G	15	47 - 1500mSc	5:21.57	3	869
	Charlene	Van Jaarsveld	G	15	112 - 3000m	10:53.37	6	857
	Donovan	Boulton	M	19	31 - 400m	49.10	5	846
	Donovan	Boulton	M	19	31 - 400m*	50.34	3	798
	Donovan	Boulton	M	19	132 - 800m	1:59.74	7	647
	Donovan	Boulton	M	19	132 - 800m*	2:01.94	3	606
	Dylan	Davies	M	19	119 - 400mH	52.58	1	968
	Dylan	Davies	M	19	119 - 400mH*	54.40	2	878
	Heinrich	Flooks	M	19	46 - 110mH	13.83	1	930
	Heinrich	Flooks	M	19	46 - 110mH*	13.99	1	912
	Mosima	Kgosana	M	19	60 - 3000mSc	9:43.00	5	892
	Mosima	Kgosana	M	19	168 - 5000m	15:44.81	6	859
	Mosima	Kgosana	M	19	12 - 1500m*	4:13.75	1	767
	Michee	Khumalo	M	19	31 - 400m*	51.13	3	772
	Michee	Khumalo	M	19	111 - 200m*	23.12	3	700
	Michee	Khumalo	M	19	111 - 200m	23.20	7	700
	Michee	Khumalo	M	19	111 - 200m*	23.74	4	659
	Michee	Khumalo	M	19	20 - 100m*	11.78	6	623
	Simphiwe	Mashaba	M	19	20 - 100m*	11.38	6	682
	Simphiwe	Mashaba	M	19	20 - 100m*	11.52	6	651
	Caden	Van Der Westhuizen	M	19	17 - JT*	44.65	1	551
	Caden	Van Der Westhuizen	M	19	17 - JT	43.74	6	535
	Wickus	Van Dyk	M	19	46 - 110mH*	16.72	4	682
	Wickus	Van Dyk	M	19	119 - 400mH	1:01.08	7	643
	Wickus	Van Dyk	M	19	119 - 400mH*	1:02.26	2	611
	Adriaan	Van Rooyen	M	19	26 - SP	14.83	4	806
	Nicko	Venter	M	19	154 - HT	45.05	1	823
	Nicko	Venter	M	19	26 - SP	14.70	5	800
	Nicko	Venter	M	19	104 - DT	44.81	5	771
	Michaela	Bezuidenhout	W	19	61 - 3000mSc	12:10.00	4	800



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Michaela	Bezuidenhout	W	19	11 - 1500m	5:10.43	3	694
	Michaela	Bezuidenhout	W	19	11 - 1500m*	5:22.17	3	650
	B	Botha	W	19	37 - LJ	5.21	6	576
	Nokuthula	Cuma	W	19	19 - 100m*	15.20	7	537
	Rochelle	Du Plessis	W	19	103 - 200m*	27.51	4	727
	Rochelle	Du Plessis	W	19	19 - 100m*	13.19	3	719
	Rochelle	Du Plessis	W	19	19 - 100m*	13.21	6	708
	Rochelle	Du Plessis	W	19	103 - 200m*	27.92	3	708
	Rochelle	Du Plessis	W	19	103 - 200m	28.01	7	703
	Rochelle	Du Plessis	W	19	44 - 100mH*	18.28	4	647
	Christelle	Grobler	W	19	127 - SP	12.28	3	874
	Christelle	Grobler	W	19	72 - DT	40.00	3	865
	Palesa	Matladi	W	19	30 - 400m*	1:20.57	6	489
	Michelel	Matlyukira	W	19	117 - 400mH*	1:08.34	1	812
	Michelel	Matlyukira	W	19	117 - 400mH	1:12.83	6	751
	Michelel	Matlyukira	W	19	131 - 800m*	2:34.25	2	697
	Michelel	Matlyukira	W	19	131 - 800m	2:47.16	12	605
	Chandi	Mulder	W	19	108 - JT	41.90	3	836
	Christine	Umeh	W	19	30 - 400m*	1:01.94	2	771
	Christine	Umeh	W	19	103 - 200m*	27.42	3	732
	Christine	Umeh	W	19	103 - 200m*	27.97	4	708
	Danike	Van Zyl	W	19	108 - JT	32.83	6	685

Medals (excluding relays) - Gold: 5 Silver: 6 Bronze: 7