



# Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

## Team report for Johannesburg West (D12)



Events marked with \* were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Pic	APE
	Reinhardt	Appelgrein	B	17	93 - 10kmW	1:02:32.38	6	775
	Reinhardt	Appelgrein	B	17	45 - 110mH*	15.89	5	727
	Reinhardt	Appelgrein	B	17	27 - JT	51.65	6	670
	Reinhardt	Appelgrein	B	17	27 - JT*	50.68	7	654
	Nathan	Booth	B	17	28 - 400m*	55.97	4	657
	Samkelo	Dlamini	B	17	21 - LJ	6.49	11	751
	Samkelo	Dlamini	B	17	16 - 100m*	11.28	3	727
	Samkelo	Dlamini	B	17	16 - 100m*	11.36	4	710
	Joshua	Fullop	B	17	27 - JT*	45.20	8	561
	Mandla	Jojo	B	17	93 - 10kmW	58:18.25	3	816
	Keletso	Letsholo	B	17	35 - 1500m*	4:36.98	11	669
	Ndumiso	Mabunga	B	17	102 - 200m*	24.20	4	657
	Teboho	Mfana	B	17	102 - 200m*	24.71	4	619
	Teboho	Mfana	B	17	102 - 200m*	24.98	8	607
	Sanele	Mpongwana	B	17	93 - 10kmW	1:01:58.29	4	780
	Caleb	Mulenga	B	17	45 - 110mH*	17.27	8	636
	Mofenyi	Ramalatsoa	B	17	28 - 400m*	56.23	5	650
	Ethan	Andrews	B	15	24 - 400m*	55.23	3	703
	Shadane	Cassels	B	15	100 - 200m*	24.07	3	693
	Shadane	Cassels	B	15	100 - 200m*	24.36	8	673
	Njabulo	Mahlungulu	B	15	100 - 200m*	23.82	4	707
	Njabulo	Mahlungulu	B	15	100 - 200m*	24.05	5	693
	Njabulo	Mahlungulu	B	15	14 - 100m*	11.79	2	682
	Njabulo	Mahlungulu	B	15	14 - 100m*	12.08	9	638
	Kamogelo	Malope	B	15	24 - 400m*	56.13	6	679
	Jabulani	Mkhwanazi	B	15	133 - 3000m	9:31.16	3	826
	Thato	Mokgatlenyane	B	15	33 - 1500m*	4:52.61	8	624
	Onolemo	Molale	B	15	125 - 800m*	2:13.57	8	506
	Onolemo	Molale	B	15	125 - 800m	2:18.46	11	438
	Sphisihle	Mxhegwana	B	15	33 - 1500m*	4:42.17	7	673
	Xola	Ngwayibanjwa	B	15	3 - 5000mW	30:10.71	4	805
	Taahir	Sallie	B	15	14 - 100m*	12.02	5	638
	Zane	Strydom	B	15	125 - 800m*	2:17.36	8	453
	Hanre	Van Rooyen	B	15	7 - JT*	46.48	3	573
	Angela	Boise	G	17	25 - 400m*	1:05.34	4	721
	Angela	Boise	G	17	101 - 200m*	28.38	5	707
	Khanyisile	Hlongwane	G	17	34 - 1500m*	6:03.17	7	529
	Willize	Laban	G	17	129 - 800m*	2:41.33	11	651
	Willize	Laban	G	17	34 - 1500m*	5:53.02	10	558
	Kristi	Lambrecht	G	17	41 - 100mH*	15.20	4	805



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No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Kristi	Lambrecht	G	17	15 - 100m*	13.54	8	697
	Kristi	Lambrecht	G	17	15 - 100m*	13.75	8	676
	Amulekani	Mabasa	G	17	101 - 200m*	28.77	6	689
	Chloe	Tanner	G	17	25 - 400m*	1:05.04	6	727
	Mia	Beckman	G	15	40 - 90mH*	17.65	8	633
	Keamogetswe	Bontsheng	G	15	32 - 1500m*	5:14.00	8	707
	Natasha	Botes	G	15	112 - 3000m	12:23.52	20	746
	Dane	Botha	G	15	98 - JT*	27.00	8	593
	Isabella	Chaplin	G	15	98 - JT*	19.39	6	416
	Claire	Lawler	G	15	13 - 100m*	14.04	7	667
	Claire	Magwaza	G	15	13 - 100m*	13.66	7	707
	Megan	McMahon	G	15	124 - 800m*	2:38.06	3	694
	Megan	McMahon	G	15	124 - 800m	2:44.58	15	646
	Jabulile	Pule	G	15	99 - 200m*	30.73	8	625
	Mbali	Tawile	G	15	99 - 200m*	30.38	6	640
	Danika	Van Niekerk	G	15	40 - 90mH*	21.29	7	491
	Khanya	Yilo	G	15	32 - 1500m*	5:19.00	13	688
	Thembelihle	Zulu	G	15	124 - 800m*	2:48.79	10	618
	Tamuka	Chapaika	M	19	20 - 100m	10.65	3	805
	Tamuka	Chapaika	M	19	20 - 100m*	10.76	1	786
	Tamuka	Chapaika	M	19	111 - 200m*	22.01	1	785
	Tamuka	Chapaika	M	19	111 - 200m*	22.12	1	777
	Tamuka	Chapaika	M	19	20 - 100m*	11.02	3	731
	Mandilakhe	Diko	M	19	132 - 800m*	2:17.78	6	372
	Shawn	Glannistor	M	19	31 - 400m*	53.83	3	691
	Ayanda	Khumalo	M	19	31 - 400m*	50.45	3	795
	Tshegetso	Mapasha	M	19	20 - 100m*	11.49	7	666
	Tshegetso	Mapasha	M	19	20 - 100m*	11.80	8	623
	Keithton	Mars	M	19	46 - 110mH*	18.64	6	571
	Sabatha	Moloke	M	19	132 - 800m*	2:16.40	6	389
	Kgaogelo	Ramusha	M	19	111 - 200m*	22.63	2	737
	Johan	Van der Merwe	M	19	46 - 110mH*	14.66	1	843
	Luche	Bedecker	W	19	30 - 400m*	1:10.36	4	622
	Layla	Harman	W	19	103 - 200m	26.26	4	796
	Layla	Harman	W	19	103 - 200m*	26.29	2	796
	Layla	Harman	W	19	19 - 100m*	12.72	4	765
	Layla	Harman	W	19	19 - 100m*	12.82	3	753
	Layla	Harman	W	19	103 - 200m*	27.36	3	737
	Karabo	Hlabolwa	W	19	19 - 100m*	12.89	2	753
	Karabo	Hlabolwa	W	19	19 - 100m*	13.11	4	719



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Boipelo	Lesanya	W	19	44 - 100mH*	18.55	5	635
	Marelize	Mans	W	19	44 - 100mH*	22.50	7	488
	Nomhle	Mkhize	W	19	11 - 1500m*	6:04.65	6	519
	Alicia	Morton	W	19	127 - SP	10.40	6	794
	Alicia	Morton	W	19	72 - DT	26.60	8	651
	Privilege	Ndlovu	W	19	131 - 800m*	2:59.88	9	529
	Privilege	Ndlovu	W	19	11 - 1500m*	6:11.65	7	501
	Shanique	Volshenk	W	19	19 - 100m*	13.27	5	708
	Shanique	Volshenk	W	19	19 - 100m*	13.28	5	708
	Crystal	Wills	W	19	127 - SP	9.43	7	748

Medals (excluding relays) - Gold: 0 Silver: 0 Bronze: 3