



Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

Team report for Johannesburg South (D11)



Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Pic	APE
	Brondin	Hlahane	B	17	93 - 10kmW	57:56.43	2	820
	Carl	Janse v Rensburg	B	17	45 - 110mH	14.06	4	887
	Carl	Janse v Rensburg	B	17	45 - 110mH*	14.55	1	838
	Jeandre	Kitching	B	17	139 - DT	44.37	6	785
	Jeandre	Kitching	B	17	27 - JT*	46.78	10	588
	Kieren James	Louw	B	17	16 - 100m	10.60	4	860
	Kieren James	Louw	B	17	16 - 100m*	10.99	1	780
	Kieren James	Louw	B	17	16 - 100m*	10.92	1	780
	Sibusisu	Malungu	B	17	35 - 1500m	4:16.16	7	786
	Sibusisu	Malungu	B	17	35 - 1500m*	4:19.11	7	767
	Sibusisu	Malungu	B	17	130 - 800m*	2:21.93	11	357
	Ivonildo	Mongwe	B	17	16 - 100m*	11.75	7	649
	Thapelo	Mothibi	B	17	28 - 400m*	1:00.48	5	554
	Jayde	Rosslee	B	17	160 - 3000m	9:24.70	6	813
	Sbusiso	Sithole	B	17	47 - 2000mSc	7:03.34	6	822
	Sibusiso	Sithole	B	17	130 - 800m*	2:07.32	9	559
	Quan	van Onselen	B	17	27 - JT	50.76	8	655
	Quan	van Onselen	B	17	27 - JT*	47.69	2	604
	Brendon	vd Merwe	B	17	70 - HJ*	1.80	1	673
	Sanele	Vikilahle	B	17	35 - 1500m*	4:31.80	9	695
	Reece	Claassens	B	15	42 - 100mH*	13.73	1	837
	Reece	Claassens	B	15	42 - 100mH	13.74	3	836
	Miguel	Coreia do Ribeiro	B	15	52 - SP	16.14	4	889
	Jaden	DeWet	B	15	33 - 1500m	4:22.52	5	781
	Jaden	DeWet	B	15	33 - 1500m*	4:27.02	5	754
	Jaden	DeWet	B	15	125 - 800m	2:07.57	7	601
	Jaden	DeWet	B	15	125 - 800m*	2:08.68	4	582
	Jabulani	Gwizi	B	15	33 - 1500m*	4:53.86	9	619
	Jandre	Labuschagne	B	15	96 - DT	49.82	4	838
	Ndivhuwo	Makongoza	B	15	100 - 200m*	27.64	5	492
	Keletso	Marole	B	15	47 - 1500mSc	5:32.54	11	734
	Albert	Mwembo	B	15	7 - JT*	28.89	11	227
	Trityne	Parsons	B	15	42 - 100mH	13.46	2	865
	Trityne	Parsons	B	15	42 - 100mH*	13.68	1	842
	Trityne	Parsons	B	15	114 - 300mH	39.89	3	791
	Trityne	Parsons	B	15	114 - 300mH*	40.28	2	770
	Thapelo	Phore	B	15	47 - 1500mSc	5:32.86	12	733
	De Wet	Pretorius	B	15	24 - 400m	51.20	4	831
	De Wet	Pretorius	B	15	24 - 400m*	51.83	1	806
	Vian	Singleton	B	15	24 - 400m	51.06	3	834



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No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Vian	Singleton	B	15	24 - 400m*	51.44	2	820
	Armand	Van Der Walt	B	15	100 - 200m	21.77	1	881
	Armand	Van Der Walt	B	15	14 - 100m*	10.71	1	861
	Armand	Van Der Walt	B	15	100 - 200m*	21.94	1	861
	Armand	Van Der Walt	B	15	100 - 200m*	21.91	1	861
	Armand	Van Der Walt	B	15	14 - 100m	10.73	2	861
	Armand	Van Der Walt	B	15	14 - 100m*	10.86	1	840
	Chante	Botha	G	17	15 - 100m*	12.83	4	775
	Chante	Botha	G	17	15 - 100m*	13.03	6	752
	Cara	Bronkhorst	G	17	15 - 100m*	12.06	1	892
	Cara	Bronkhorst	G	17	41 - 100mH	14.39	5	865
	Cara	Bronkhorst	G	17	41 - 100mH*	14.47	2	859
	Cara	Bronkhorst	G	17	15 - 100m*	12.47	1	827
	Cara	Bronkhorst	G	17	15 - 100m	12.77	7	788
	Cara	Bronkhorst	G	17	51 - LJ	5.58	1	777
	Zoey	Coetzer	G	17	101 - 200m*	26.33	2	811
	Zoey	Coetzer	G	17	101 - 200m*	26.48	5	805
	Zoey	Coetzer	G	17	101 - 200m	26.77	7	788
	Simone	De Wet	G	17	41 - 100mH	14.02	3	896
	Simone	De Wet	G	17	41 - 100mH*	14.15	2	885
	Simone	De Wet	G	17	101 - 200m	25.53	4	860
	Simone	De Wet	G	17	101 - 200m*	25.57	1	860
	Simone	De Wet	G	17	101 - 200m*	26.13	2	823
	Celia	Janse.V.Rensburg	G	17	73 - SP	14.81	2	923
	Marizenne	Jonker	G	17	129 - 800m	2:22.27	6	811
	Marizenne	Jonker	G	17	129 - 800m*	2:26.25	3	773
	Carmen	Jordaan	G	17	8 - DT	42.33	2	928
	Sue-Caiylen	Korkie	G	17	129 - 800m	2:19.52	4	840
	Sue-Caiylen	Korkie	G	17	34 - 1500m	4:47.86	3	801
	Sue-Caiylen	Korkie	G	17	129 - 800m*	2:24.71	3	787
	Sue-Caiylen	Korkie	G	17	34 - 1500m*	4:59.52	4	747
	Lanae	Marais	G	17	115 - 400mH*	1:07.51	3	836
	Amy	Pretorius	G	17	141 - JT	42.87	3	852
	Tenika	Smith	G	17	140 - TJ	12.26	1	944
	Tenika	Smith	G	17	51 - LJ	5.57	2	774
	Deneke	Snyman	G	17	34 - 1500m	4:54.44	6	769
	Deneke	Snyman	G	17	34 - 1500m*	5:08.11	1	711
	Carla	Venter	G	17	141 - JT	42.47	4	846
	Nadja	Watney	G	17	129 - 800m	2:22.33	7	811
	Nadja	Watney	G	17	129 - 800m*	2:24.85	4	786



Team report for Johannesburg South (D11) Page 3

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Nicole	Alberts	G	15	159 - SP	11.28	8	814
	Nicole	Alberts	G	15	29 - DT	31.55	5	794
	Mignonne	De Beer	G	15	40 - 90mH*	13.42	2	904
	Mignonne	De Beer	G	15	13 - 100m*	12.71	3	812
	Mignonne	De Beer	G	15	71 - LJ	5.34	3	789
	Andrea	Laubscher	G	15	107 - TJ	11.27	3	876
	Jane	Mulder	G	15	23 - 400m	56.70	6	947
	Jane	Mulder	G	15	23 - 400m*	59.38	3	871
	Jane	Mulder	G	15	124 - 800m*	2:20.30	1	856
	Jane	Mulder	G	15	124 - 800m	2:20.32	7	855
	Salomè	Nel	G	15	40 - 90mH*	13.16	1	929
	Salomè	Nel	G	15	40 - 90mH	13.40	5	906
	Atlegang	Ramasike	G	15	99 - 200m*	29.60	7	673
	Bontle	Ramela	G	15	124 - 800m*	3:34.44	6	387
	Katlego	Rantao	G	15	32 - 1500m*		DNS	0
	Suenè	Steenkamp	G	15	98 - JT*	34.85	5	743
	Suenè	Steenkamp	G	15	98 - JT	34.47	7	736
	Lika	Strydom	G	15	32 - 1500m	5:06.15	11	739
	Lika	Strydom	G	15	32 - 1500m*	5:12.00	6	715
	Simone	Swanepoel	G	15	159 - SP	12.94	3	881
	Simone	Swanepoel	G	15	29 - DT	35.52	3	859
	Zanique	Swanepoel	G	15	13 - 100m*	11.84	2	948
	Zanique	Swanepoel	G	15	99 - 200m*	25.58	3	886
	Zanique	Swanepoel	G	15	13 - 100m*	12.56	1	839
	Zanique	Swanepoel	G	15	13 - 100m	12.51	2	839
	Hannah	van Niekerk	G	15	113 - 300mH	41.54	1	987
	Hannah	van Niekerk	G	15	23 - 400m	56.10	2	966
	Hannah	van Niekerk	G	15	113 - 300mH*	42.41	1	960
	Hannah	van Niekerk	G	15	23 - 400m*	57.10	1	935
	Lilo	vd Westhuizen	G	15	9 - HJ	1.59	6	777
	Lilo	vd Westhuizen	G	15	9 - HJ*	1.55	1	727
	Cara	Venter	G	15	113 - 300mH*	46.30	4	857
	Josh Kevin	Black	M	19	111 - 200m*	21.68	2	820
	Josh Kevin	Black	M	19	111 - 200m	21.74	3	811
	Josh Kevin	Black	M	19	111 - 200m*	21.72	1	811
	Josh Kevin	Black	M	19	20 - 100m	10.63	2	805
	Josh Kevin	Black	M	19	20 - 100m*	10.88	1	767
	Josh Kevin	Black	M	19	20 - 100m*	11.04	2	731
	Siphesihle	Buthelezi	M	19	132 - 800m*	2:20.00	7	345
	Bandile	Citani	M	19	2 - 10kmW	1:00:55.24	4	759



Team report for Johannesburg South (D11) Page 4

No	Name	Surname	Gen	Age	Event	Result	Plc	APE
	Niellyn	De Klek	M	19	50 - HJ	1.89	6	700
	Niellyn	De Klek	M	19	50 - HJ*	1.85	2	660
	Ryno	Grove	M	19	132 - 800m	2:02.08	9	604
	Jack	Judds	M	19	31 - 400m	47.16	1	925
	Jack	Judds	M	19	31 - 400m*	50.45	1	797
	Nhlanhla	Kgonyana	M	19	12 - 1500m*	4:28.19	10	684
	Kamogenlo	Macheke	M	19	168 - 5000m	16:46.21	10	782
	Uthandolwethu	Matholeni	M	19	111 - 200m*	26.48	6	506
	Liam	Ness	M	19	5 - LJ	7.22	3	874
	Juan	Oosthuizen	M	19	26 - SP	18.02	1	942
	Juan	Oosthuizen	M	19	104 - DT	55.05	1	896
	Kieryn	Roebuck	M	19	17 - JT	52.37	3	681
	Kieryn	Roebuck	M	19	17 - JT*	43.92	5	538
	Leon	Truter	M	19	31 - 400m	48.94	3	849
	Leon	Truter	M	19	31 - 400m*	50.43	1	795
	Strydom	Victor	M	19	50 - HJ	1.89	7	700
	Strydom	Victor	M	19	50 - HJ*	1.85	4	660
	Nomtha	Chauque	W	19	131 - 800m*	2:57.42	8	542
	Gene	Coetzee	W	19	167 - 5000m	18:21.46	1	844
	Enathi	Magome	W	19	19 - 100m*	14.47	9	593
	Taboka	Ncube	W	19	103 - 200m*	28.18	6	699
	Taboka	Ncube	W	19	30 - 400m*	1:10.16	6	625
	Taboka	Ncube	W	19	103 - 200m*	30.82	2	588
	Londiwe	Ndaba	W	19	131 - 800m	2:40.24	9	652
	Londiwe	Ndaba	W	19	131 - 800m*	2:41.13	7	645
	Dionne	Viljoen	W	19	127 - SP	11.53	4	843
	Dionne	Viljoen	W	19	72 - DT	36.21	4	811

Medals (excluding relays) - Gold: 8 Silver: 9 Bronze: 14