



Gauteng Secondary Schools – Ruimsig – 6 and 7 March 2020

Team report for Johannesburg North (D10)



Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Ofentse	Bokaba	B	17	47 - 2000mSc	6:20.86	1	964
	Ofentse	Bokaba	B	17	160 - 3000m	8:50.95	2	898
	Lourens	Fourie	B	17	10 - SP	14.28	7	795
	Adam	Herbst	B	17	102 - 200m*	22.30	1	797
	Adam	Herbst	B	17	102 - 200m*	22.50	3	780
	Adam	Herbst	B	17	102 - 200m	22.67	8	764
	Adam	Herbst	B	17	16 - 100m*	11.14	4	744
	Adam	Herbst	B	17	16 - 100m*	11.20	4	744
	Given	Manyapye	B	17	27 - JT*	35.66	13	382
	Jonathan	Mochosa	B	17	130 - 800m*	2:01.85	3	655
	Jonathan	Mochosa	B	17	130 - 800m	2:03.69	9	621
	Siyabonga	Mvelase	B	17	47 - 2000mSc	6:39.67	3	895
	Fusi	Ntoloane	B	17	160 - 3000m	8:51.88	3	896
	Fusi	Ntoloane	B	17	35 - 1500m	4:02.46	1	883
	Fusi	Ntoloane	B	17	35 - 1500m*	4:14.73	1	795
	Benny	Rhangane	B	17	28 - 400m*	1:12.11	7	354
	Michael	Selebi	B	17	21 - LJ	7.02	2	908
	Michael	Selebi	B	17	70 - HJ	1.88	5	756
	Michael	Selebi	B	17	70 - HJ*	1.85	7	725
	Phillip	Steyn	B	17	45 - 110mH*	17.15	8	643
	Jacob	Tuuba	B	17	130 - 800m	2:00.31	7	686
	Jacob	Tuuba	B	17	130 - 800m*	2:01.58	5	661
	Slayden	Van Staden	B	17	28 - 400m*	53.66	2	719
	Marnis	Van Westing	B	17	27 - JT*	46.33	5	581
	Lubo	Zlatev	B	17	21 - LJ	6.90	4	873
	Kewan	Swarts	B	15	14 - 100m*	11.62	5	697
	Kewan	Swarts	B	15	14 - 100m*	11.72	3	682
	Ayden	Davel	B	15	7 - JT	48.98	8	616
	Ayden	Davel	B	15	7 - JT*	44.74	7	543
	Retshepile	Fanise	B	15	47 - 1500mSc	4:42.63	1	932
	Retshepile	Fanise	B	15	33 - 1500m	4:14.64	3	833
	Retshepile	Fanise	B	15	33 - 1500m*	4:23.30	2	777
	Phakamani	Gumede	B	15	47 - 1500mSc	4:51.61	3	888
	Phakamani	Gumede	B	15	125 - 800m*	2:10.00	5	561
	Phakamani	Gumede	B	15	125 - 800m	2:10.68	8	550
	Muller	Jeanre	B	15	42 - 100mH*	15.45	5	692
	Johannes	Morepe	B	15	33 - 1500m	3:53.20	1	1011
	Johannes	Morepe	B	15	133 - 3000m	8:49.37	1	937
	Johannes	Morepe	B	15	125 - 800m	1:53.57	1	911
	Johannes	Morepe	B	15	33 - 1500m*	4:38.72	2	691



Team report for Johannesburg North (D10) Page 2

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Johannes	Morepe	B	15	125 - 800m*	2:11.28	1	541
	Welcome	Ncube	B	15	100 - 200m*	24.73	5	648
	Welcome	Ncube	B	15	14 - 100m*	12.25	4	611
	Shale	Oratilwe	B	15	114 - 300mH*	41.40	4	716
	Shale	Oratilwe	B	15	42 - 100mH*	16.88	4	600
	Karabo	Sepai	B	15	100 - 200m*	26.50	4	551
	Lutho	Timati	B	15	47 - 1500mSc	4:58.92	5	856
	Anton	Van Tonder	B	15	24 - 400m*	52.40	2	790
	Jordan	Botha	G	17	25 - 400m*	1:02.90	3	770
	Shannon	Botha	G	17	129 - 800m	2:17.68	3	860
	Shannon	Botha	G	17	25 - 400m*	1:00.22	1	827
	Shannon	Botha	G	17	129 - 800m*	2:26.34	4	772
	Jolandi	De Beer	G	17	47 - 2000mSc	8:03.01	4	771
	Dane	Kotze	G	17	101 - 200m*	27.18	7	767
	Dane	Kotze	G	17	101 - 200m*	27.11	5	767
	Kayla	La Grange	G	17	101 - 200m	24.00	1	978
	Kayla	La Grange	G	17	101 - 200m*	24.56	1	930
	Kayla	La Grange	G	17	101 - 200m*	24.65	1	923
	Kayla	La Grange	G	17	15 - 100m*	11.97	1	901
	Kayla	La Grange	G	17	15 - 100m	11.99	1	901
	Kayla	La Grange	G	17	15 - 100m*	12.11	1	870
	Zonica	Lindeque	G	17	73 - SP	15.89	1	963
	Zonica	Lindeque	G	17	8 - DT	42.20	3	926
	Tokelo	Matebane	G	17	158 - 3000m	11:02.16	6	830
	Tokelo	Matebane	G	17	47 - 2000mSc	7:43.40	2	804
	Thembisile	Mthetho	G	17	34 - 1500m*	4:59.45	3	747
	Thembisile	Mthetho	G	17	34 - 1500m	5:15.30	12	683
	Thembi	Mthetho	G	17	129 - 800m	2:20.75	5	827
	Thembi	Mthetho	G	17	129 - 800m*	2:24.48	1	790
	Lexi	Schrooby	G	17	41 - 100mH*	14.03	1	895
	Lexi	Schrooby	G	17	115 - 400mH	1:04.83	6	880
	Lexi	Schrooby	G	17	41 - 100mH	14.34	4	869
	Lexi	Schrooby	G	17	115 - 400mH*	1:05.90	1	862
	Kimberley	Swanepoel	G	17	34 - 1500m	4:52.74	4	777
	Kimberley	Swanepoel	G	17	34 - 1500m*	5:08.54	5	709
	Kaili	Botje	G	15	13 - 100m*	11.69	1	986
	Kaili	Botje	G	15	99 - 200m	24.67	2	951
	Kaili	Botje	G	15	99 - 200m*	25.31	2	900
	Kaili	Botje	G	15	99 - 200m*	25.84	2	866
	Kaili	Botje	G	15	13 - 100m	12.42	1	853



Team report for Johannesburg North (D10) Page 3

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Kaili	Botje	G	15	13 - 100m*	12.53	2	839
	Makwena	Chokoe	G	15	23 - 400m	56.80	7	944
	Makwena	Chokoe	G	15	23 - 400m*	1:00.31	3	846
	Clare	Colman	G	15	13 - 100m*	13.08	4	775
	Heidili	Esterhuizen	G	15	98 - JT*	25.27	9	556
	Shokane	Kgopotso	G	15	47 - 1500mSc	5:13.81	2	891
	Mignon	La Grange	G	15	159 - SP	14.43	1	937
	Mignon	La Grange	G	15	29 - DT	39.32	2	918
	Mia	Le Roux	G	15	23 - 400m	56.50	4	953
	Mia	Le Roux	G	15	23 - 400m*	58.70	2	890
	Mia	Le Roux	G	15	99 - 200m	25.55	6	886
	Mia	Le Roux	G	15	99 - 200m*	25.79	1	872
	Mia	Le Roux	G	15	99 - 200m*	26.13	4	847
	Naledi	Makgatha	G	15	112 - 3000m	9:46.70	1	967
	Naledi	Makgatha	G	15	32 - 1500m	4:27.82	1	939
	Naledi	Makgatha	G	15	32 - 1500m*	4:53.16	1	797
	Khunedi	Mashishi	G	15	124 - 800m	2:15.21	3	916
	Khunedi	Mashishi	G	15	47 - 1500mSc	5:06.52	1	914
	Khunedi	Mashishi	G	15	124 - 800m*	2:21.26	4	845
	Segomotsi	Sedimo	G	15	124 - 800m	2:14.41	2	926
	Segomotsi	Sedimo	G	15	32 - 1500m	4:35.44	2	892
	Segomotsi	Sedimo	G	15	32 - 1500m*	4:47.25	1	826
	Segomotsi	Sedimo	G	15	124 - 800m*	2:25.08	3	806
	Euane	Theart	G	15	113 - 300mH	44.76	6	895
	Euane	Theart	G	15	113 - 300mH*	45.50	3	876
	Euane	Theart	G	15	40 - 90mH*	13.85	4	866
	Jolene	Van Der Walt	G	15	40 - 90mH*	13.70	3	879
	Jolene	Van Der Walt	G	15	40 - 90mH	13.91	7	861
	Jolene	Van Der Walt	G	15	113 - 300mH*	47.92	5	821
	Chane	Vermeulen	G	15	23 - 400m	56.90	8	941
	Chane	Vermeulen	G	15	23 - 400m*	1:01.15	1	827
	Paul	Chinkuntha	M	19	31 - 400m*	53.10	4	713
	Bafana	Hlungwane	M	19	104 - DT	40.15	6	708
	Ewan	Janse Van Rensburg	M	19	95 - TJ	14.33	4	779
	Ewan	Janse Van Rensburg	M	19	5 - LJ	6.83	5	763
	Mouton	Jean	M	19	60 - 3000mSc	9:40.44	2	895
	Kagiso	Leduma	M	19	12 - 1500m	4:03.00	5	840
	Kagiso	Leduma	M	19	12 - 1500m*	4:14.59	3	762
	Kagiso	Leduma	M	19	132 - 800m	1:57.43	3	693
	Kagiso	Leduma	M	19	132 - 800m*	2:01.42	1	615



Team report for Johannesburg North (D10) Page 4

No	Name	Surname	Gen	Age	Event	Result	Ptc	APE
	Gayisa	Maswanganyi	M	19	50 - HJ	2.09	1	900
	Gayisa	Maswanganyi	M	19	50 - HJ*	1.85	3	660
	Banele	Mkwanazi	M	19	31 - 400m	49.00	4	849
	Banele	Mkwanazi	M	19	31 - 400m*	49.86	1	816
	Mvuyo	Moss	M	19	111 - 200m*	21.18	1	868
	Mvuyo	Moss	M	19	111 - 200m	21.11	1	868
	Mvuyo	Moss	M	19	20 - 100m*	10.72	2	786
	Mvuyo	Moss	M	19	20 - 100m*	10.87	1	767
	Mvuyo	Moss	M	19	111 - 200m*	22.47	1	753
	Thato	Ndlozi	M	19	168 - 5000m	17:11.06	12	754
	Tshepo	Ntuntwana	M	19	168 - 5000m	15:08.45	1	913
	Tshepo	Ntuntwana	M	19	60 - 3000mSc	9:40.15	1	895
	Oratile	Rantao	M	19	95 - TJ	14.46	3	797
	Lucas	Silwane	M	19	132 - 800m	1:55.68	1	731
	Lucas	Silwane	M	19	132 - 800m*	2:01.23	1	619
	Carlyn	Betz	W	19	127 - SP	8.27	9	689
	Mignon	Gardner	W	19	97 - HJ	1.60	2	689
	Mignon	Gardner	W	19	37 - LJ	5.25	5	590
	Khethiwe	Kumalo	W	19	19 - 100m*	14.39	6	602
	Kenaleone	Kumile	W	19	61 - 3000mSc	12:07.22	3	803
	Lara	Langton	W	19	19 - 100m*	13.11	4	719
	Lara	Langton	W	19	19 - 100m*	13.43	7	687
	Maria	Mosweu	W	19	61 - 3000mSc	11:55.94	2	816
	Maria	Mosweu	W	19	167 - 5000m	19:06.67	2	808
	Florence	Mulenga	W	19	131 - 800m*	2:54.87	11	557
	Michaela	Rossouw	W	19	117 - 400mH*	1:12.33	4	758
	Ngubane	S'Lu	W	19	127 - SP	5.69	16	531
	Marna	Van Greunen	W	19	30 - 400m	57.50	4	877
	Marna	Van Greunen	W	19	30 - 400m*	59.42	1	827
	Marna	Van Greunen	W	19	37 - LJ	5.45	3	659
	Lene	Van Heerden	W	19	30 - 400m	56.40	1	908
	Lene	Van Heerden	W	19	131 - 800m	2:15.92	1	871
	Lene	Van Heerden	W	19	30 - 400m*	59.79	1	820
	Lene	Van Heerden	W	19	131 - 800m*	2:35.20	3	689

Medals (excluding relays) - Gold: 21 Silver: 12 Bronze: 11