

Team report for Sedibeng West (D8)

Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Anrich	Botes	B	17	10 - SP	13.19	15	608
	Willem	Coertzen	B	17	10 - SP	17.04	3	860
	James	Grant	B	17	102 - 200m*	23.40	7	728
	James	Grant	B	17	102 - 200m*	23.54	5	718
	James	Grant	B	17	16 - 100m*	11.61	5	663
	Gerhard	Grobler	B	17	45 - 110mH*	14.34	5	859
	Andre	Haarhoff	B	17	45 - 110mH*	14.10	2	883
	Andre	Haarhoff	B	17	16 - 100m*	11.45	3	694
	Andre	Haarhoff	B	17	16 - 100m*	11.55	6	678
	Divan	Kapp	B	17	27 - JT	49.10	8	399
	Divan	Kapp	B	17	27 - JT*	47.69	6	365
	Siphesihle	Meyiwa	B	17	121 - TJ	13.22	7	607
	Siphesihle	Meyiwa	B	17	21 - LJ	5.99	13	527
	Christiaan	Pistorius	B	17	21 - LJ	5.91	16	503
	Christopher	Pistorius	B	17	121 - TJ	11.81	20	408
	Ruald	Stoop	B	17	27 - JT	47.90	9	370
	Ruald	Stoop	B	17	27 - JT*	45.75	9	316
	Themba	Thingane	B	17	35 - 1500m*	4:16.73	1	753
	Smanga	Tsotetsi	B	17	160 - 3000m	8:58.51	5	848
	Edric	Wenhold	B	17	70 - HJ	1.95	3	760
	Edric	Wenhold	B	17	70 - HJ*	1.80	2	609
	Divan	Booyens	B	15	100 - 200m*	24.57	5	676
	Divan	Booyens	B	15	24 - 400m*	56.03	5	639
	Morné	Castelyn	B	15	7 - JT*	30.63	11	0
	Keaton	Ehlers	B	15	14 - 100m*	11.77	3	680
	Reagan	Kriek	B	15	114 - 300mH*	46.73	4	519
	Thabang	Matroos	B	15	114 - 300mH*	43.23	5	644
	Hlalefo	Mokoena	B	15	100 - 200m*	25.55	7	615
	Hanno	Nel	B	15	126 - HT	51.28	1	902
	Hanno	Nel	B	15	52 - SP	15.45	7	804
	Hanno	Nel	B	15	96 - DT	38.42	9	562
	Llewelyn	Pienaar	B	15	22 - HJ*	1.70	6	585
	Marco	Pretorius	B	15	96 - DT	48.15	4	756
	Marco	Pretorius	B	15	52 - SP	13.47	14	669
	Tumelo	Selebeleng	B	15	106 - LJ	5.77	11	546
	Tumelo	Selebeleng	B	15	38 - TJ	10.58	16	291
	Edereich (F.J.)	Snyman	B	15	33 - 1500m	4:36.86	11	673
	Edereich (F.J.)	Snyman	B	15	33 - 1500m*	4:44.77	8	635
	Hendrico	Van Der Merwe	B	15	14 - 100m*	12.13	4	623
	Shaun	Van Der Merwe	B	15	42 - 100mH*	16.05	6	650

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Burger	Van Heerden	B	15	33 - 1500m*	5:23.11	10	482
	Burger	Van Heerden	B	15	7 - JT*	35.27	7	24
	Claudine	Botha	G	17	18 - HT	46.02	1	913
	Alissa	Brink	G	17	51 - LJ	4.50	19	354
	Shané	Dimond	G	17	25 - 400m*	58.58	3	815
	Shané	Dimond	G	17	25 - 400m	59.50	7	794
	Shané	Dimond	G	17	129 - 800m	2:21.36	7	745
	Shané	Dimond	G	17	129 - 800m*	2:23.11	7	730
	Marioné	Fourie	G	17	41 - 100mH	13.97	2	922
	Marioné	Fourie	G	17	41 - 100mH*	13.99	1	899
	Michaela	Jeffrey	G	17	51 - LJ	3.90	23	125
	Juné	Jonker	G	17	94 - PV	2.90	1	375
	Merlise (M.L.)	Kock	G	17	73 - SP	10.38	13	793
	Merlise (M.L.)	Kock	G	17	141 - JT	31.63	9	683
	Merlise (M.L.)	Kock	G	17	8 - DT	23.31	17	629
	Andrea	Kok	G	17	140 - TJ	9.50	15	412
	Taréne	Labuschagne	G	17	34 - 1500m	5:37.80	12	555
	Taréne	Labuschagne	G	17	34 - 1500m*	5:38.00	6	554
	Shamoné	Le Roux	G	17	73 - SP	10.92	12	817
	Carnation	Mazibuko	G	17	141 - JT	30.54	11	663
	Langalihle	Mlangeni	G	17	15 - 100m*	12.72	4	729
	Langalihle	Mlangeni	G	17	15 - 100m*	12.88	4	718
	Nthabeleng	Mothibeli	G	17	15 - 100m*	13.03	5	696
	Nthabeleng	Mothibeli	G	17	101 - 200m*	27.94	8	690
	Favour	Opara	G	17	34 - 1500m*	6:23.39	10	434
	Danike	Perelaer	G	17	25 - 400m*	59.60	3	792
	Danike	Perelaer	G	17	25 - 400m	1:00.90	8	763
	Mia	Stockhoff	G	17	41 - 100mH	14.93	8	842
	Mia	Stockhoff	G	17	41 - 100mH*	14.69	3	842
	Amoré	Van Der Walt	G	17	8 - DT	28.29	11	726
	Tanelda	Coetzee	G	15	23 - 400m*	1:00.69	4	788
	Tanelda	Coetzee	G	15	99 - 200m*	27.20	5	748
	Tanelda	Coetzee	G	15	23 - 400m	1:03.00	6	740
	Tanelda	Coetzee	G	15	13 - 100m*	13.43	4	675
	Ariane	De Villiers	G	15	9 - HJ*	1.50	6	570
	Anzel	Jonker	G	15	29 - DT	25.48	13	702
	Jacolien	Louw	G	15	107 - TJ	9.82	6	559
	Anzel	Naudé	G	15	159 - SP	10.82	14	840
	Leanke	Peek	G	15	113 - 300mH*	51.46	6	757
	Nadia	Putter	G	15	40 - 90mH*	14.69	3	792

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Karabo	Sehloho	G	15	112 - 3000m	12:28.83	17	693
	Tenika	Smith	G	15	99 - 200m*	26.76	5	771
	Tenika	Smith	G	15	99 - 200m*	26.89	6	764
	Tenika	Smith	G	15	13 - 100m	13.05	5	751
	Tenika	Smith	G	15	13 - 100m*	12.88	1	740
	Tenika	Smith	G	15	13 - 100m*	12.96	3	729
	Tenika	Smith	G	15	71 - LJ	5.24	4	712
	Dan�elle	Steinhofel	G	15	71 - LJ	4.26	22	344
	Lana	Sutherland	G	15	159 - SP	11.86	8	885
	Lana	Sutherland	G	15	29 - DT	29.32	8	775
	Abigail	Van Niekerk	G	15	98 - JT*	20.76	9	469
	Megan	Vermeulen	G	15	40 - 90mH*	16.34	5	691
	Chanique	Visagie	G	15	98 - JT*	27.98	11	633
	Renier	Boshoff	M	19	119 - 400mH*	1:03.49	5	515
	Renier	Boshoff	M	19	17 - JT*	38.55	6	126
	Danie	Coetzer	M	19	132 - 800m	1:57.96	9	666
	Danie	Coetzer	M	19	132 - 800m*	1:58.85	3	649
	Peet	Coetzer	M	19	5 - LJ	6.19	12	523
	Dian (D.S.)	De Villiers	M	19	17 - JT*	45.21	3	303
	Schalk	Dry	M	19	26 - SP	10.72	12	420
	Divan	Grobler	M	19	46 - 110mH	15.11	7	823
	Divan	Grobler	M	19	46 - 110mH*	15.11	3	802
	Divan	Grobler	M	19	5 - LJ	6.39	11	580
	Pascal	Kayumba	M	19	20 - 100m*	11.80	4	624
	Bokang	Lebese	M	19	111 - 200m*	23.33	8	709
	Bokang	Lebese	M	19	31 - 400m*	52.22	5	695
	Bokang	Lebese	M	19	111 - 200m*	23.81	5	675
	Vusimuzi	Maseko	M	19	60 - 3000mSc	10:39.04	12	855
	Jonathan	Mathews	M	19	104 - DT	20.22	10	102
	Thabo	Mokoena	M	19	111 - 200m*	25.49	4	572
	Bongani	Nkosi	M	19	95 - TJ	13.70	5	617
	Kenneth	Stadelar	M	19	46 - 110mH*	16.01	5	731
	Tony (A.)	Terblanche	M	19	26 - SP	15.69	3	775
	Omphile	Theledi	M	19	119 - 400mH*	1:04.06	3	501
	Ian	Visser	M	19	50 - HJ*	1.80	3	550
	Haniah	Bahnsen	W	19	131 - 800m*	2:44.12	10	572
	Caitlin	Church	W	19	127 - SP	11.21	3	873
	Caitlin	Church	W	19	72 - DT	36.23	3	829
	Danelle	De Winnaar	W	19	37 - LJ	4.78	11	392
	Ilze	Du Plessis	W	19	37 - LJ	4.99	8	466

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Sheré	J Van Rensburg	W	19	103 - 200m	24.94	2	815
	Sheré	J Van Rensburg	W	19	19 - 100m	12.19	2	814
	Sheré	J Van Rensburg	W	19	103 - 200m*	25.64	2	791
	Sheré	J Van Rensburg	W	19	19 - 100m*	12.38	2	755
	Nekita	Ludeke	W	19	108 - JT	15.32	16	241
	Mbali	Mazibuko	W	19	19 - 100m*	15.19	5	493
	Rebecca	Mokgatla	W	19	61 - 3000mSc	12:33.24	5	753
	Busisiwe	Nokwe	W	19	72 - DT	18.87	17	505
	Busisiwe	Nokwe	W	19	108 - JT	16.23	15	269
	Jenél	Storm	W	19	30 - 400m*	1:04.57	3	675
	Zandri	Strydom	W	19	44 - 100mH*	16.10	2	762
	Zandri	Strydom	W	19	44 - 100mH	16.44	5	756
	Zandri	Strydom	W	19	117 - 400mH*	1:10.99	4	741
	Zandri	Strydom	W	19	117 - 400mH	1:10.93	6	740
	Zandri	Strydom	W	19	103 - 200m*	26.64	4	735
	Simphiwe	Tshabalala	W	19	44 - 100mH*	24.33	6	435

Medals (excluding relays) - Gold: 3 Silver: 3 Bronze: 5