

### Team report for Sedibeng East (D7 )

Events marked with \* were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
M	Arno	Booyesen	B	17	130 - 800m	2:00.52	8	665
M	Arno	Booyesen	B	17	28 - 400m	55.24	7	640
M	Arno	Booyesen	B	17	130 - 800m*	2:03.89	7	602
VG	Jason	Bowers	B	17	160 - 3000m	8:45.75	3	882
VG	Jason	Bowers	B	17	35 - 1500m	3:59.31	3	873
VG	Jason	Bowers	B	17	35 - 1500m*	4:16.82	2	753
HV	Ruan	Claasens	B	17	10 - SP	16.26	6	812
HV	Ruan	Claasens	B	17	70 - HJ*	1.80	1	609
M	Ruben	De Bruyn	B	17	27 - JT*	45.42	4	308
HV	Johannes	Du Plessis	B	17	21 - LJ	6.67	5	725
HV	Johannes	Du Plessis	B	17	16 - 100m*	11.55	4	678
M	Justin	Fairlie	B	17	27 - JT	53.71	6	508
M	Justin	Fairlie	B	17	27 - JT*	49.08	4	399
3R	Thato	Kgala	B	17	21 - LJ	6.33	9	627
OV	Welre	Olivier	B	17	121 - TJ	14.78	1	820
HV	Karel	Olwage	B	17	70 - HJ	2.01	1	820
HV	Karel	Olwage	B	17	70 - HJ*	1.80	4	609
M	Eric	Pieterse	B	17	121 - TJ	14.22	3	744
GS	Kgotso	Ramathe	B	17	45 - 110mH	14.47	6	870
GS	Kgotso	Ramathe	B	17	45 - 110mH*	14.31	4	862
GS	Kgotso	Ramathe	B	17	118 - 400mH	53.90	2	804
GS	Kgotso	Ramathe	B	17	118 - 400mH*	54.32	2	793
GS	Kgotso	Ramathe	B	17	102 - 200m*	26.24	6	551
M	Leighton	Taljaardt	B	17	45 - 110mH*	14.87	3	809
M	Leighton	Taljaardt	B	17	118 - 400mH*	57.55	3	680
PH	Dylan	Tawodzera	B	17	28 - 400m*	52.22	3	716
VG	Kamogelo	Thipe	B	17	130 - 800m	1:56.62	4	746
VG	Kamogelo	Thipe	B	17	130 - 800m*	2:01.05	2	654
HV	Matthew	Van Der Schyff	B	17	102 - 200m*	23.36	4	731
VG	Duan	Van Dyk	B	17	16 - 100m*	11.48	4	694
VG	Duan	Van Dyk	B	17	16 - 100m*	11.58	8	678
OV	Tiaan	Van Rensburg	B	17	35 - 1500m	4:14.53	9	767
OV	Tiaan	Van Rensburg	B	17	35 - 1500m*	4:20.64	6	730
VG	Dehan	Ackerman	B	15	7 - JT	45.31	7	298
VG	Dehan	Ackerman	B	15	7 - JT*	44.93	5	289
HV	Nicolaas	Botha	B	15	125 - 800m*	2:09.85	5	548
HV	Nicolaas	Botha	B	15	125 - 800m	2:11.95	12	515
HV	Johan	Delpont	B	15	133 - 3000m	10:02.55	15	734
PH	Unathi	Dladla	B	15	42 - 100mH*	14.74	4	745
PH	Unathi	Dladla	B	15	114 - 300mH	42.35	8	675

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
PH	Unathi	Dladla	B	15	114 - 300mH*	42.60	4	670
HV	Pieter	Kriel	B	15	100 - 200m*	23.91	4	721
HV	Pieter	Kriel	B	15	100 - 200m*	23.91	6	721
HV	Pieter	Kriel	B	15	14 - 100m*	11.63	1	695
HV	Pieter	Kriel	B	15	14 - 100m*	11.67	7	695
M	Dwight	Mc Cloen	B	15	22 - HJ*	1.75	2	639
M	Dwight	Mc Cloen	B	15	106 - LJ	5.85	9	570
MOH	Nhlanhla	Mnotoza	B	15	133 - 3000m	10:19.37	18	703
VG	Xavier	Nel	B	15	7 - JT	54.39	4	516
VG	Xavier	Nel	B	15	7 - JT*	53.90	2	505
VG	Xavier	Nel	B	15	52 - SP	11.22	18	500
OV	Ethan	Olivier	B	15	38 - TJ	12.97	5	644
3R	Jabula	Phume	B	15	38 - TJ	12.15	9	525
MOH	Tumelo	Sereme	B	15	33 - 1500m*	4:29.11	5	714
HV	Keegan	Van Der Merwe	B	15	33 - 1500m*	4:48.59	9	618
M	Joshua	Van Deventer	B	15	22 - HJ*	1.75	1	639
HV	JC	Van Tonder	B	15	42 - 100mH	14.02	6	830
HV	JC	Van Tonder	B	15	42 - 100mH*	13.86	3	822
HV	JC	Van Tonder	B	15	114 - 300mH	39.92	4	790
HV	JC	Van Tonder	B	15	114 - 300mH*	41.22	1	732
M	Marco	Van Tromp	B	15	24 - 400m*	54.88	4	670
M	Marco	Van Tromp	B	15	125 - 800m*	2:06.72	4	599
M	Marco	Van Tromp	B	15	125 - 800m	2:07.63	11	584
M	Juan-Ray	Van Wyk	B	15	52 - SP	12.44	16	594
R	Wandile	Zama	B	15	106 - LJ	5.24	16	379
M	Anjenet	Bezuidenhout	G	17	15 - 100m*	12.92	5	707
M	Anjenet	Bezuidenhout	G	17	15 - 100m*	13.03	6	696
HV	Jane	Botha	G	17	101 - 200m*	25.75	4	805
HV	Jane	Botha	G	17	101 - 200m*	25.81	2	802
M	Juanita	De Necker	G	17	73 - SP	16.30	2	962
M	Juanita	De Necker	G	17	8 - DT	44.48	2	937
OV	Carike	Deyzel	G	17	18 - HT	45.60	2	911
OV	Carike	Deyzel	G	17	8 - DT	24.34	16	652
HV	Bianca	Erasmus	G	17	36 - HJ*	1.50	2	520
HV	Janca	Fouche	G	17	15 - 100m	12.32	2	820
HV	Janca	Fouche	G	17	41 - 100mH*	15.45	4	788
HV	Janca	Fouche	G	17	15 - 100m*	12.33	2	778
HV	Janca	Fouche	G	17	15 - 100m*	12.45	3	765
VG	Shikira	Gebhardt	G	17	140 - TJ	11.62	2	778
M	Talita	Groenewaldt	G	17	25 - 400m*	57.35	1	844

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
M	Talita	Groenewaldt	G	17	25 - 400m	58.30	4	822
M	Talita	Groenewaldt	G	17	101 - 200m*	26.06	6	787
M	Talita	Groenewaldt	G	17	101 - 200m*	26.24	4	777
M	Marelize	La Grange	G	17	140 - TJ	10.37	10	565
VG	Bianca	Leech	G	17	34 - 1500m	5:46.40	14	530
VG	Bianca	Leech	G	17	34 - 1500m*	5:46.17	8	530
VG	Nthabeleng	Mpepo	G	17	34 - 1500m*	5:53.02	9	511
M	Maritske	Rautenbach	G	17	129 - 800m*	2:23.88	2	723
M	Maritske	Rautenbach	G	17	141 - JT	29.07	13	634
M	Zane	Schoeman	G	17	115 - 400mH	1:12.49	7	732
M	Zane	Schoeman	G	17	41 - 100mH*	16.51	6	724
M	Zane	Schoeman	G	17	115 - 400mH*	1:14.50	3	709
HV	Robinn	Thorburn	G	17	25 - 400m	57.30	1	847
HV	Favour	Umeh	G	17	36 - HJ	1.65	1	695
HV	Favour	Umeh	G	17	36 - HJ*	1.50	3	520
HV	Favour	Umeh	G	17	51 - LJ	4.75	13	445
M	Larissa	Van Zyl	G	17	51 - LJ	5.00	8	535
M	Nikita	Verster	G	17	73 - SP	12.40	7	879
HV	Danielle	Verwoerd	G	17	129 - 800m*	2:27.84	9	689
OV	Nicole	Bester	G	15	18 - HT	34.07	1	810
VG	Cherise	Blom	G	15	40 - 90mH	14.46	8	826
VG	Cherise	Blom	G	15	40 - 90mH*	14.31	2	819
VG	Cherise	Blom	G	15	13 - 100m*	13.48	5	675
HV	Annericke	Bornman	G	15	32 - 1500m*	5:12.72	7	638
HV	Annericke	Bornman	G	15	32 - 1500m	5:16.50	10	624
HV	Annericke	Bornman	G	15	124 - 800m*	2:45.66	7	563
M	Amica	Chamberlain	G	15	29 - DT	24.92	14	691
M	Lezanne	Collen	G	15	71 - LJ	5.08	7	653
M	Lezanne	Collen	G	15	107 - TJ	10.17	2	623
OV	Shannon	Greyling	G	15	23 - 400m*	58.41	2	841
OV	Shannon	Greyling	G	15	23 - 400m	58.70	3	834
M	Danzelle	Marx	G	15	159 - SP	11.18	13	856
M	Danzelle	Marx	G	15	29 - DT	31.06	7	806
M	Mbali	Mlambo	G	15	107 - TJ	9.75	8	547
R	Precious	Mpembe	G	15	71 - LJ	4.56	17	459
M	Lianca	Nagel	G	15	9 - HJ*	1.50	2	570
M	Cara	Nienaber	G	15	23 - 400m*	1:00.49	3	792
M	Cara	Nienaber	G	15	23 - 400m	1:00.90	5	783
M	Cara	Nienaber	G	15	99 - 200m*	26.98	7	759
M	Cara	Nienaber	G	15	99 - 200m*	26.99	6	759

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
VG	Chantelle	Smit	G	15	98 - JT*	33.80	4	745
VG	Chantelle	Smit	G	15	98 - JT	32.72	6	725
M	Mieke	Smit	G	15	112 - 3000m	10:22.53	3	843
	Vianey	Spamers	G	15	159 - SP	10.54	17	827
M	Bernice	Steyn	G	15	99 - 200m*	27.94	6	711
M	Bernice	Steyn	G	15	13 - 100m*	13.37	7	686
M	Bernice	Steyn	G	15	13 - 100m*	13.45	2	675
M	Helana	Steyn	G	15	9 - HJ*	1.50	5	570
M	Kaylee	Todkill	G	15	112 - 3000m	11:10.22	10	779
M	Imogen	Van Heerden	G	15	32 - 1500m	5:10.35	8	647
M	Imogen	Van Heerden	G	15	32 - 1500m*	5:14.94	5	630
M	Logan	Venter	G	15	113 - 300mH*	45.17	2	890
M	Logan	Venter	G	15	113 - 300mH	45.16	4	887
M	Logan	Venter	G	15	40 - 90mH	14.11	7	854
M	Logan	Venter	G	15	40 - 90mH*	13.94	3	848
OV	Armand	Jansen	M	19	5 - LJ	5.88	23	434
OV	Johan C	Jansen	M	19	17 - JT*	44.12	4	275
MOH	Tshepiso	Makobe	M	19	12 - 1500m*	4:10.45	8	759
MOH	Tshepiso	Makobe	M	19	132 - 800m*	1:59.38	4	639
MOH	Tshepiso	Makobe	M	19	132 - 800m	2:04.75	14	544
R	Rorisang	Mgavu	M	19	46 - 110mH	14.99	6	834
R	Rorisang	Mgavu	M	19	46 - 110mH*	14.89	2	822
VG	Wesley	Miller	M	19	20 - 100m*	11.55	5	653
VG	Wesley	Miller	M	19	20 - 100m*	11.56	3	653
PH	Gabbie	Mkhonza	M	19	50 - HJ*	1.80	2	550
PH	Bokang	Monenesi	M	19	119 - 400mH*	57.72	2	670
PH	Bokang	Monenesi	M	19	119 - 400mH	1:00.31	7	591
RATS	Phumlisa	Papa	M	19	168 - 5000m	16:12.78	9	759
RATS	Phumlisa	Papa	M	19	12 - 1500m*	4:17.80	6	715
OV	Armand	Pieterse	M	19	26 - SP	10.96	11	439
GS	Karabo	Satekge	M	19	5 - LJ	7.24	3	817
M	Heinrich	Snyman	M	19	111 - 200m*	22.50	4	773
M	Heinrich	Snyman	M	19	111 - 200m*	22.67	1	759
M	Heinrich	Snyman	M	19	111 - 200m	22.49	6	754
M	Heinrich	Snyman	M	19	31 - 400m*	50.64	3	743
HV	Gert	Storm	M	19	20 - 100m	10.97	4	801
HV	Gert	Storm	M	19	20 - 100m*	11.06	2	733
HV	Gert	Storm	M	19	20 - 100m*	11.13	1	716
M	Dillan	Viljoen	M	19	17 - JT*	45.74	4	317
M	Dillan	Viljoen	M	19	17 - JT	45.70	6	316

**Team report for Sedibeng East (D7 ) Page 5**

No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
HV	Wian	Wiersma	M	19	31 - 400m*	50.15	4	759
HV	Wian	Wiersma	M	19	31 - 400m	50.60	7	746
	Jana	Hatting	W	19	117 - 400mH	1:12.89	8	716
	Jana	Hatting	W	19	117 - 400mH*	1:14.92	4	694
M	Brigette	Malan	W	19	30 - 400m*	1:07.30	3	630
M	Brigette	Malan	W	19	37 - LJ	4.46	15	278
OV	Lee - Ann	Mitchelle	W	19	72 - DT	24.20	13	621
RATS	Tiyane	Moloi	W	19	11 - 1500m	5:43.38	7	538
RATS	Tiyane	Moloi	W	19	11 - 1500m*	6:40.47	5	395
HV	Danielle	Mostert	W	19	44 - 100mH	17.89	6	677
HV	Danielle	Mostert	W	19	44 - 100mH*	17.81	3	669
LEK	B	Ntlangulela	W	19	11 - 1500m*	5:21.65	4	607
LEK	B	Ntlangulela	W	19	11 - 1500m	5:22.91	6	602
VG	Tanica	Powell	W	19	19 - 100m*	13.04	6	675
VG	Tanica	Powell	W	19	19 - 100m*	13.06	3	675
M	Miya	Pretorius	W	19	19 - 100m*	13.07	2	675
R	Lindokuhle	Shongwe	W	19	97 - HJ*	1.50	7	482
R	Lindokuhle	Shongwe	W	19	97 - HJ	1.45	8	424
M	Jessica	Steyn	W	19	44 - 100mH	15.56	3	812
M	Jessica	Steyn	W	19	44 - 100mH*	15.52	3	799
M	Jessica	Steyn	W	19	37 - LJ	5.38	3	600
HV	Dominique	Strydom	W	19	97 - HJ*	1.50	1	482
HV	Dominique	Strydom	W	19	97 - HJ	1.45	7	424

Medals (excluding relays) - Gold: 5 Silver: 7 Bronze: 8