

Team report for Tshwane North (D3)

Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Eduan	Coetzee	B	17	45 - 110mH	14.24	5	894
	Eduan	Coetzee	B	17	45 - 110mH*	14.29	2	864
	JD	Faurie	B	17	16 - 100m	10.99	6	829
	JD	Faurie	B	17	102 - 200m*	22.51	5	799
	JD	Faurie	B	17	102 - 200m*	22.55	2	795
	JD	Faurie	B	17	16 - 100m*	11.20	2	744
	JD	Faurie	B	17	16 - 100m*	11.19	4	744
	Eldon	Fourie	B	17	10 - SP	12.60	16	566
	Ruan	Human	B	17	27 - JT	65.15	2	759
	Ruan	Human	B	17	27 - JT*	64.52	1	746
	Dimpo	Koloane	B	17	45 - 110mH*	15.26	5	776
	Dimpo	Koloane	B	17	118 - 400mH*	1:00.49	6	594
	Migael	Loubsher	B	17	130 - 800m	1:59.06	7	694
	Migael	Loubsher	B	17	130 - 800m*	2:02.21	5	632
	Azania	Mokoena	B	17	139 - DT	39.31	8	601
	Tetelo	Molokomme	B	17	130 - 800m	1:57.93	6	718
	Tetelo	Molokomme	B	17	130 - 800m*	2:01.47	3	646
	Selaelo	Molotja	B	17	121 - TJ	12.41	15	494
	Rappie	Nkhahle	B	17	28 - 400m	48.54	4	848
	Rappie	Nkhahle	B	17	102 - 200m*	22.13	2	832
	Rappie	Nkhahle	B	17	102 - 200m*	22.54	1	796
	Rappie	Nkhahle	B	17	102 - 200m	22.33	5	788
	Rappie	Nkhahle	B	17	16 - 100m*	11.24	2	727
	Jacques	Oosthuizen	B	17	70 - HJ*	1.80	5	609
	Omphile	Phaledi	B	17	116 - HT	28.03	4	451
	Sanele	Shoba	B	17	121 - TJ	14.16	4	736
	Sanele	Shoba	B	17	21 - LJ	6.53	6	685
	Regomoditswe	Sithole	B	17	47 - 2000mSc	7:05.15	12	817
	Cameron	Slement	B	17	139 - DT	38.68	10	588
	Damian	Van Der Merwe	B	17	10 - SP	13.37	14	621
	Roland	Visagie	B	17	27 - JT	57.18	4	587
	Roland	Visagie	B	17	27 - JT*	49.32	3	404
	Thato	Yedwa	B	17	47 - 2000mSc	6:09.03	3	1014
	Thato	Yedwa	B	17	130 - 800m*	2:02.55	4	626
	Thato	Yedwa	B	17	130 - 800m	2:04.18	10	597
	Heino	Beneke	B	15	7 - JT*	46.42	5	326
	Heino	Beneke	B	15	7 - JT	43.36	8	248
	Evince	Dlamini	B	15	42 - 100mH	13.11	1	931
	Evince	Dlamini	B	15	42 - 100mH*	13.32	1	878
	Evince	Dlamini	B	15	114 - 300mH	39.04	2	839

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Evince	Dlamini	B	15	114 - 300mH*	39.76	1	806
	Boris	Hartell	B	15	22 - HJ	1.80	4	691
	Boris	Hartell	B	15	22 - HJ*	1.75	2	639
	Mpho	Jack	B	15	133 - 3000m	9:50.99	7	757
	Vihan	Kemp	B	15	42 - 100mH	13.84	5	848
	Vihan	Kemp	B	15	42 - 100mH*	14.09	1	801
	Thaluki	Legodi	B	15	24 - 400m*	52.85	2	725
	Thaluki	Legodi	B	15	24 - 400m	54.50	8	680
	Thaluki	Legodi	B	15	125 - 800m*	2:13.96	10	486
	Lerato	Matjila	B	15	100 - 200m*	22.46	1	838
	Lerato	Matjila	B	15	14 - 100m	11.14	2	838
	Lerato	Matjila	B	15	100 - 200m	22.23	1	831
	Lerato	Matjila	B	15	14 - 100m*	11.09	1	798
	Lerato	Matjila	B	15	100 - 200m*	22.98	2	793
	Lerato	Matjila	B	15	14 - 100m*	11.19	2	780
	Aviwe	Mqokolo	B	15	100 - 200m*	22.98	1	793
	Aviwe	Mqokolo	B	15	100 - 200m*	23.13	1	780
	Aviwe	Mqokolo	B	15	100 - 200m	23.08	5	764
	Asande	Mthembu	B	15	106 - LJ	6.30	4	708
	Asande	Mthembu	B	15	38 - TJ	13.40	2	705
	Asande	Mthembu	B	15	22 - HJ*	1.75	5	639
	Joseph	Ndala	B	15	33 - 1500m*	4:25.66	3	733
	Joseph	Ndala	B	15	33 - 1500m	4:29.45	8	712
	Denzel	Ndlovu	B	15	100 - 200m*	23.56	4	747
	Denzel	Ndlovu	B	15	100 - 200m*	23.69	7	737
	Denzel	Ndlovu	B	15	14 - 100m*	11.54	2	711
	Denzel	Ndlovu	B	15	14 - 100m*	11.62	6	695
	Denzel	Ndlovu	B	15	106 - LJ	5.59	13	490
	Katlego	Rangane	B	15	47 - 1500mSc	4:50.55	4	841
	Tshepo	Rasite	B	15	125 - 800m	1:59.64	3	735
	Tshepo	Rasite	B	15	125 - 800m*	2:02.68	1	673
	Tikana	Shabangu	B	15	106 - LJ	6.76	1	846
	Tikana	Shabangu	B	15	38 - TJ	13.60	1	734
	Nkanyisoyethu	Sibiya	B	15	114 - 300mH*	42.93	2	656
	Tiaan	Stoltz	B	15	96 - DT	62.77	1	962
	Tiaan	Stoltz	B	15	52 - SP	17.07	4	904
	Blessing	Takundwa	B	15	22 - HJ	1.85	2	744
	Blessing	Takundwa	B	15	22 - HJ*	1.75	3	639
	Blessing	Takundwa	B	15	38 - TJ	12.39	7	560
	Sibonokuhle	Thwala	B	15	47 - 1500mSc	4:50.51	3	841

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Nerise	De Beer	G	17	47 - 2000mSc	7:50.28	6	794
	Martine	Degenaar	G	17	115 - 400mH	1:03.77	2	856
	Martine	Degenaar	G	17	115 - 400mH*	1:04.05	1	854
	Martine	Degenaar	G	17	41 - 100mH*	15.14	4	809
	Boitumelo	Diutileng	G	17	92 - 5000mW	35:17.99	7	801
	Chanel	Du Plessis	G	17	129 - 800m	2:15.26	3	805
	Chanel	Du Plessis	G	17	129 - 800m*	2:24.43	5	718
	Melissa	Grobler	G	17	115 - 400mH*	1:15.57	4	697
	Lienneke	Malan	G	17	8 - DT	37.56	8	879
	Nosipho	Malinga	G	17	15 - 100m	12.08	1	855
	Nosipho	Malinga	G	17	15 - 100m*	12.26	1	790
	Nosipho	Malinga	G	17	15 - 100m*	12.22	2	790
	Skyla	Mc Clughan	G	17	36 - HJ*	1.50	4	520
	Reabetsoe	Molokane	G	17	115 - 400mH*	1:07.16	2	805
	Reabetsoe	Molokane	G	17	41 - 100mH*	15.32	3	797
	Reabetsoe	Molokane	G	17	115 - 400mH	1:10.39	6	758
	Makgotso	Njubane	G	17	34 - 1500m	4:53.87	7	711
	Makgotso	Njubane	G	17	34 - 1500m*	5:23.24	3	601
	Carmi	Prinsloo	G	17	158 - 3000m	9:42.31	1	908
	Carmi	Prinsloo	G	17	34 - 1500m	4:35.37	2	797
	Carmi	Prinsloo	G	17	34 - 1500m*	5:27.00	4	589
	Tshego	Seshabela	G	17	92 - 5000mW	35:27.13	8	799
	Banele	Shabangu	G	17	101 - 200m*	25.06	1	849
	Banele	Shabangu	G	17	101 - 200m	24.97	2	837
	Banele	Shabangu	G	17	101 - 200m*	25.30	1	833
	Banele	Shabangu	G	17	51 - LJ	5.44	4	690
	Janelle	Swanepoel	G	17	47 - 2000mSc	8:24.48	9	740
	Nandipha	Thwala	G	17	129 - 800m	2:22.74	8	733
	Nandipha	Thwala	G	17	129 - 800m*	2:22.94	6	731
	Odette	Van Wyk	G	17	101 - 200m*	25.36	4	829
	Odette	Van Wyk	G	17	15 - 100m	12.32	3	820
	Odette	Van Wyk	G	17	101 - 200m	25.34	6	812
	Odette	Van Wyk	G	17	101 - 200m*	25.74	2	806
	Odette	Van Wyk	G	17	15 - 100m*	12.54	1	753
	Odette	Van Wyk	G	17	15 - 100m*	12.55	2	753
	Odette	Van Wyk	G	17	51 - LJ	5.59	3	742
	Chane	Van Zyl	G	17	141 - JT	47.11	1	917
	Febe	Wessels	G	17	8 - DT	38.30	5	890
	Febe	Wessels	G	17	141 - JT	36.93	6	778
	Megan	Anderson	G	15	71 - LJ	4.58	16	467

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Micayla	Botha	G	15	9 - HJ	1.73	1	841
	Micayla	Botha	G	15	71 - LJ	5.20	5	697
	Micayla	Botha	G	15	9 - HJ*	1.50	3	570
	Amone	Brits	G	15	4 - 5000mW	35:12.57	9	804
	Amone	Brits	G	15	107 - TJ	9.60	10	519
	Mignon	Burger	G	15	9 - HJ	1.65	2	748
	Mignon	Burger	G	15	9 - HJ*	1.50	3	570
	Danielle	De Bruyn	G	15	29 - DT	26.75	11	727
	Talita	Homan	G	15	124 - 800m	2:10.13	1	863
	Talita	Homan	G	15	124 - 800m*	2:22.66	2	734
	Lethabo	Komane	G	15	159 - SP	10.81	15	840
	Lethabo	Komane	G	15	29 - DT	27.71	10	745
	Keisha	Mangava	G	15	107 - TJ	10.12	3	614
	Mathapelo	Mavuso	G	15	124 - 800m*	2:30.16	6	671
	Precious	Modise	G	15	23 - 400m	56.30	1	897
	Precious	Modise	G	15	23 - 400m*	56.96	1	878
	Precious	Modise	G	15	99 - 200m*	25.54	1	843
	Precious	Modise	G	15	99 - 200m	25.53	3	824
	Precious	Modise	G	15	99 - 200m*	25.90	1	820
	Neo	Molamu	G	15	4 - 5000mW	32:43.93	4	833
	Legodi	Monahisa	G	15	47 - 1500mSc	7:02.84	9	661
	Tinyiko	Ndala	G	15	124 - 800m	2:14.92	3	809
	Tinyiko	Ndala	G	15	124 - 800m*	2:25.50	4	709
	Akonyi	Ngongo	G	15	99 - 200m*	25.90	3	820
	Akonyi	Ngongo	G	15	99 - 200m	25.76	4	812
	Akonyi	Ngongo	G	15	99 - 200m*	26.06	3	811
	Princess	Ntuli	G	15	13 - 100m*	12.88	4	740
	Princess	Ntuli	G	15	13 - 100m*	12.90	5	740
	Princess	Ntuli	G	15	13 - 100m	13.32	8	720
	Marika	Taljaard	G	15	40 - 90mH*	16.84	6	664
	Sela	Thyoka	G	15	47 - 1500mSc	6:38.12	8	702
	Bianca	Van Breda	G	15	113 - 300mH*	44.02	1	920
	Bianca	Van Breda	G	15	113 - 300mH	44.85	3	895
	Bianca	Van Breda	G	15	23 - 400m	57.70	2	859
	Bianca	Van Breda	G	15	23 - 400m*	57.87	1	854
	Tiana	Van der Heuvel	G	15	98 - JT*	29.04	8	654
	Zane	Van Tonder	G	15	29 - DT	23.61	17	664
	Ruan	De Lange	M	19	46 - 110mH	14.24	1	910
	Ruan	De Lange	M	19	46 - 110mH*	14.49	1	859
	Marno	Gerber	M	19	132 - 800m	1:53.35	3	767

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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Marno	Gerber	M	19	132 - 800m*	1:59.04	5	645
	Mogoahle	Jeseya	M	19	2 - 10kmW	58:37.90	3	780
	Cullen	Labushagne	M	19	104 - DT	34.32	2	499
	Tsakane	Lebelo	M	19	104 - DT	26.55	8	299
	Sparkey	Mahlangu	M	19	5 - LJ	7.21	4	809
	Tshepo	Mahlangu	M	19	60 - 3000mSc	9:47.43	6	905
	Thabo	Mailula	M	19	95 - TJ	14.72	2	753
	Sifiso	Miya	M	19	95 - TJ	15.43	1	846
	Sifiso	Miya	M	19	5 - LJ	7.32	2	839
	Sifiso	Miya	M	19	20 - 100m*	10.88	1	769
	Maponya	Mogopudi	M	19	26 - SP	9.46	16	313
	Kgothatso	Mohommed	M	19	26 - SP	8.74	19	248
	Simphiwe	Mthimkulu	M	19	31 - 400m*	50.36	2	753
	John	Ndlovu	M	19	46 - 110mH*	15.66	3	757
	John	Ndlovu	M	19	119 - 400mH	57.56	6	671
	John	Ndlovu	M	19	119 - 400mH*	57.87	3	666
	Kabelo	Seshabela	M	19	60 - 3000mSc	10:38.64	11	855
	Xobane	Sishuba	M	19	12 - 1500m*	4:08.24	4	773
	Dylan	Stassen	M	19	60 - 3000mSc	10:19.57	9	873
	Sandile	Thabethe	M	19	104 - DT	22.05	9	163
	Annabelle	Bester	W	19	131 - 800m*	2:31.14	7	663
	Annabelle	Bester	W	19	131 - 800m	2:45.90	8	561
	Kyra	Botha	W	19	37 - LJ	5.44	1	620
	Carmen	Britz	W	19	97 - HJ	1.70	1	710
	Carmen	Britz	W	19	97 - HJ*	1.50	3	482
	Danae	Jan Van Rensburg	W	19	127 - SP	13.02	1	923
	Danae	Jan Van Rensburg	W	19	72 - DT	32.92	5	777
	Danae	Jan Van Rensburg	W	19	108 - JT	38.18	3	725
	Eliset	Leso	W	19	74 - TJ	11.80	2	734
	Boitumelo	Maimela	W	19	30 - 400m*	1:13.82	4	535
	Kega	Mashilo	W	19	74 - TJ	11.55	3	693
	Kega	Mashilo	W	19	37 - LJ	4.89	9	431
	Kamogelo	Molapo	W	19	61 - 3000mSc	14:09.36	6	668
	Kamogelo	Molapo	W	19	11 - 1500m*	5:33.37	5	569
	Palesa	Nkoadi	W	19	112 - 3000m	12:26.66	2	695
	Nikysha	Pieters	W	19	103 - 200m*	26.04	2	751
	Nikysha	Pieters	W	19	103 - 200m	26.05	4	751
	Nikysha	Pieters	W	19	19 - 100m*	12.90	3	697
	Nikysha	Pieters	W	19	19 - 100m	14.00	8	611
	Minkie	Ramoraswi	W	19	30 - 400m*	1:23.73	5	421



GAUTENG SECONDARY SCHOOLS (Pilditch)
8 and 9 March 2019



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No	Name	Surname	Gen	Age	Event	Result	Plc	ASA
	Blessing	Sithole	W	19	108 - JT	38.94	2	737
	Izabelle	Stickkels	W	19	61 - 3000mSc	10:53.62	2	870
	Jayneke	Van der Merwe	W	19	72 - DT	31.98	6	762
	Carmi	Van Niekerk	W	19	97 - HJ	1.55	4	540
	Carmi	Van Niekerk	W	19	97 - HJ*	1.50	2	482
	Rose	Xeyi	W	19	19 - 100m	11.85	1	864
	Rose	Xeyi	W	19	19 - 100m*	12.22	1	767

Medals (excluding relays) - Gold: 17 Silver: 17 Bronze: 14